

Beef and Chicken Recipe with Chicken Wings & Mussels - RMB

- Adults only

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RECIPE DETAILS

Pet Type	Diet Standard	Atwater Type	Activity Level
Cat	AAFCO 2020	Atwater	Adult - indoor
Cooking Method			
Medical Conditions			
None			

Pet Owner Details

First Name	Last Name	Email Address	Phone Number
Jess	Caticles		None
Address			
caticles.com			

Pet Details

Name	Breed	Gender	Birth Date
Unknown	Unknown	Male	January 10, 2018
Current Weight	Desired Weight	Reproductive Status	
10 lbs	10 lbs	Neutered Male	

INSTRUCTIONS

- All meat in this recipe should be served raw. Practice safe food handling techniques including washing of hands before and after handling raw meat. After cutting raw meats, wash all surfaces with hot, soapy water.
- We recommend pre-portioning and freezing any extra food you don't plan to feed after 72 hours. Frozen food is best offered up to 3 months after freezing for optimal nutrition.
- All nuts, seeds, grains, tablet based supplements, and produce used in this recipe should be finely chopped for better digestibility, bioavailability, and distribution. A food processor works great for this step!
- Fine powder supplements and oils should be thoroughly mixed into recipe.
- Capsule/perle ingredients may be opened for better distribution.
- Fish oils or other sources of omega 3 fatty acids should be added at the time of feeding.

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RECIPE INGREDIENTS

Item	Custom	Grams	Ounces	Percent
Chicken Heart, Raw, ADF Typical™	15.00 oz	425.24	15.00	25.53%
Chicken, Dark Meat, Raw, No Skin & Sep Fat, ADF Typical™	11.00 oz	311.84	11.00	18.72%
Chicken Wings, Raw, With Meat, Skin, Fat, & Bone, ADF Typical™	10.00 oz	283.50	10.00	17.02%
Beef, Ground, Raw, 90% Lean, 10% Fat, ADF Typical™	6.00 oz	170.10	6.00	10.21%
Sardine, Canned, In Water, No Salt, ADF Typical™	3.00 oz	85.05	3.00	5.11%
Oysters, canned, USDA	3.00 oz	85.05	3.00	5.11%
Beef Liver, Raw, ADF Typical™	3.00 oz	85.05	3.00	5.11%
beef kidney	3.00 oz	85.05	3.00	5.11%
Mollusks, mussel, blue, cooked, moist heat, USDA	2.00 oz	56.70	2.00	3.40%
egg yolk	34.00 gms	34.00	1.20	2.04%
nutritional yeast	20.00 gms	20.00	0.71	1.20%
raw sunflower seeds	14.00 gms	14.00	0.49	0.84%
Egg Shell Powder, Typical Supplier Data	8.00 gms	8.00	0.28	0.48%
Sea Salt	2.00 gms	2.00	0.07	0.12%
NOW -- Organic Kelp Powder (1 scoop = 90 mg)	0.08 gms	0.08	0.00	0.00%
Total	-	1,665.65	58.75	100.00%

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MACRONUTRIENT ANALYSIS

Nutrient content of natural foods vary, sometimes significantly. Use the nutrient content numbers as approximations only.

Composition	As Formulated	DM	% kcal	g per 1000 kcal
Protein	18.07%	59.09%	47.03%	117.58
Fat	8.44%	27.59%	49.41%	54.9
Ash	2.32%	7.6%		15.12
Moisture	69.42%			451.8
Fiber	0.38%	1.25%		2.49
Net Carbs	1.37%	4.48%	3.56%	10.86
Sugars (limited data)	0.22%	0.73%	0.58%	
Starch (limited data)	0.54%	1.77%	1.41%	
Total			100%	

MACRONUTRIENT INFORMATION

Total kcal in recipe	2,559.47
kcal / oz	43.56
kcal per pound	697.00
kcal / day	206.53
Recipe makes, # of days	12.39
kcal / kg	1,536.59
kcal per kg DM	5,025.35
Amount to Feed per Day (gm)	134.41
Amount to Feed per Day (oz)	4.74
Keto ratio (g fat/ (g protein + g net carb))	0.43

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MINERALS

	Unit	Min	Max	Recipe	DM	Total Amt	Daily Amt
Calcium (Ca)	g	1.50	0.00	2.70	1.36%	6.92	0.56
Phosphorus (P)	g	1.25	0.00	2.10	1.06%	5.38	0.43
Calcium to Phosphorus ratio (Ca:P)	ratio		0	1.28 : 1			
Potassium (K)	g	1.50	0.00	1.57	0.79%	4.01	0.32
Sodium (Na)	g	0.50	0.00	0.97	0.49%	2.47	0.20
Magnesium (Mg)	g	0.10	0.00	0.19	0.10%	0.49	0.04
Chloride (Cl)	g	0.75	0.00	0.98	0.49%	2.52	0.20
Iron (Fe)	mg	20.00	0.00	21.51	108.11	55.06	4.44
Copper (Cu)	mg	1.25	0.00	6.03	30.29	15.43	1.24
Manganese (Mn)	mg	1.90	0.00	2.05	10.31	5.25	0.42
Zinc (Zn)	mg	18.80	0.00	46.66	234.46	119.41	9.64
Iodine (I)	mg	0.15	2.25	0.18	0.91	0.46	0.04
Selenium (Se)	mg	0.08	0.00	0.21	1.03	0.53	0.04

VITAMINS

	Unit	Min	Max	Recipe	DM	Total Amt	Daily Amt
Vit A	IU	833.00	83,325.00	6,295.77	31,638.48	16,113.82	1,300.25
Vit C	mg	0.00	0.00	12.45	62.57	31.87	2.57
Vit D	IU	70.00	7,520.00	131.24	659.55	335.91	27.11
Vit E	IU	10.00	0.00	10.06	50.55	25.75	2.08
Thiamine, B1	mg	1.40	0.00	6.33	31.84	16.21	1.31
Riboflavin, B2	mg	1.00	0.00	8.70	43.71	22.26	1.80
Niacin, B3	mg	15.00	0.00	57.19	287.41	146.38	11.81
Pantothenic Acid, B5	mg	1.44	0.00	12.02	60.43	30.78	2.48
B6 (Pyridoxine)	mg	1.00	0.00	6.68	33.59	17.11	1.38
Vit B12	mg	0.01	0.00	0.07	0.33	0.17	0.01
Folic Acid	mg	0.20	0.00	0.73	3.66	1.86	0.15
Choline	mg	600.00	0.00	701.32	3,524.41	1,795.02	144.84
Vit K1	mg	0.03	0.00	0.01	0.05	0.02	0.00
Biotin	mg	0.02	0.00	0.04	0.22	0.11	0.01

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FATS

	Unit	Min	Max	Recipe	DM	Total Amt	Daily Amt
Total	g	22.50	0.00	54.90	27.59%	140.50	11.34
Saturated	g	0.00	0.00	15.84	7.96%	40.54	3.27
Monounsaturated	g	0.00	0.00	18.47	9.28%	47.28	3.81
Polyunsaturated	g	0.00	0.00	12.59	6.33%	32.22	2.60
LA	g	1.40	0.00	9.02	4.53%	23.07	1.86
ALA	g	0.00	0.00	0.51	0.25%	1.30	0.10
AA	g	0.05	0.00	1.87	0.94%	4.78	0.39
EPA	g	0.00	0.00	0.37	0.18%	0.94	0.08
DPA	g	0.00	0.00	0.14	0.07%	0.36	0.03
DHA	g	0.00	0.00	0.62	0.31%	1.59	0.13
Omega-6/Omega-3	ratio	0	0	6.64 : 1			
EPA + DHA	g	0.00	0.00	0.99	0.00%	2.54	0.20

AMINO ACIDS

	Unit	Min	Max	Recipe	DM	Total Amt	Daily Amt
Total protein	g	65.00	0.00	117.58	59.09%	300.94	24.28
Tryptophan	g	0.40	4.25	1.27	0.64%	3.24	0.26
Threonine	g	1.83	0.00	4.96	2.49%	12.70	1.02
Isoleucine	g	1.30	0.00	5.54	2.79%	14.19	1.14
Leucine	g	3.10	0.00	9.22	4.63%	23.60	1.90
Lysine	g	2.08	0.00	9.56	4.80%	24.46	1.97
Methionine	g	0.50	3.75	2.93	1.47%	7.49	0.60
Methionine - Cystine	g	1.00	0.00	4.31	2.17%	11.04	0.89
Phenylalanine	g	1.05	0.00	4.74	2.38%	12.12	0.98
Phenylalanine - Tyrosine	g	3.83	0.00	8.71	4.38%	22.29	1.80
Valine	g	1.55	0.00	5.94	2.99%	15.21	1.23
Arginine	g	2.60	0.00	7.32	3.68%	18.72	1.51
Histidine	g	0.78	0.00	3.49	1.76%	8.94	0.72
Purines	mg	0.00	0.00	772.79	0.39%	1,977.94	159.60
Taurine	g	0.50	0.00	0.54	0.27%	1.38	0.11

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