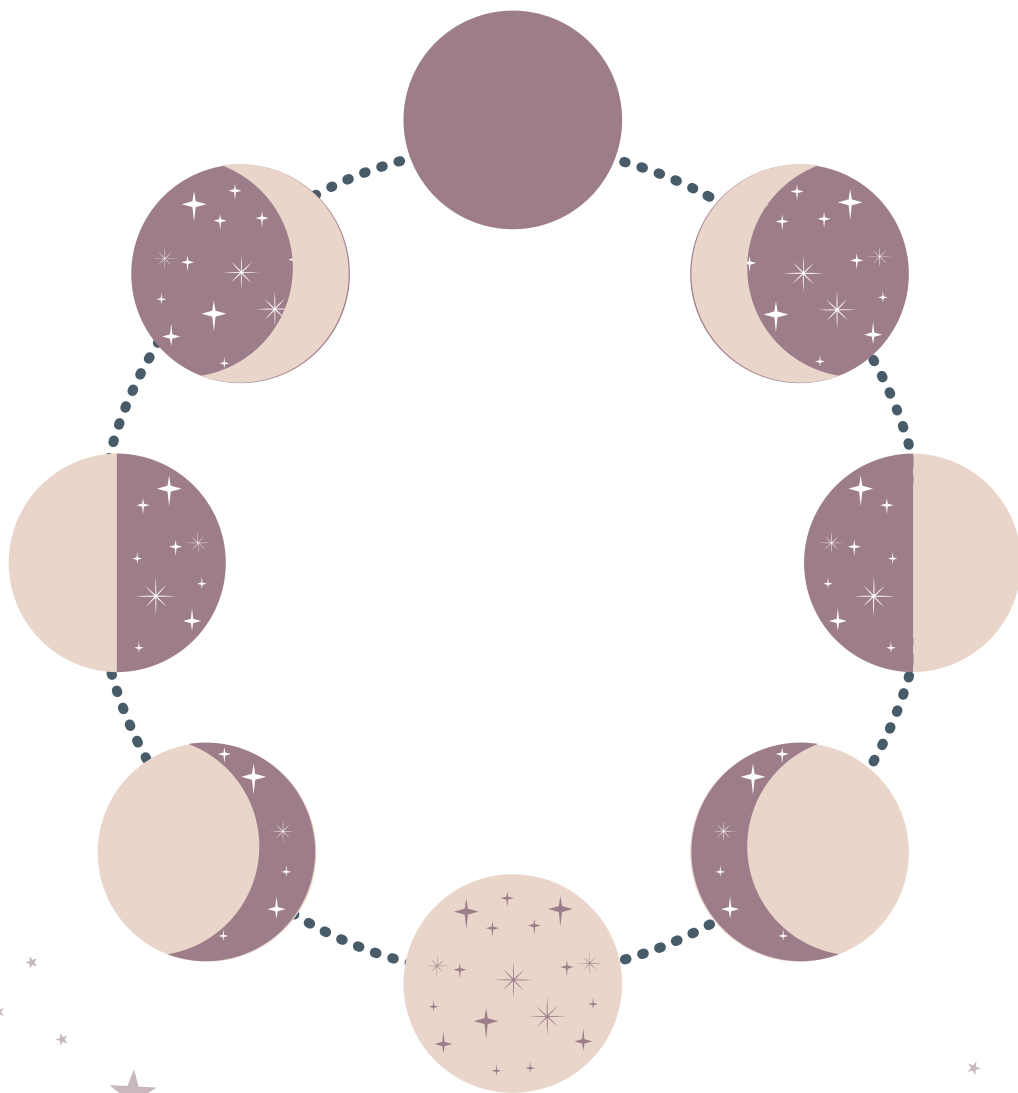


MANIFEST WITH THE MOON

WORKSHEET





HI, I AM

TIFFANY

Hello, fellow Mystic!

I hope you enjoy this resource!

If you find this resource helpful and would like to learn about Human Design, Astrology, or how to Trust your Intuition, consider exploring the guides on **MY WEBSITE**.

There you will find lots of free Information that will help you start to understand yourself at a deeper level.

TAKE ME THERE

FULL MOON NAMES

January - Wolf Moon



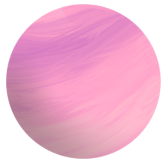
February - Snow Moon



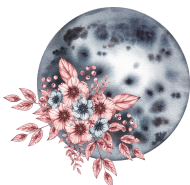
March - Worm Moon



April - Pink Moon



May - Flower Moon



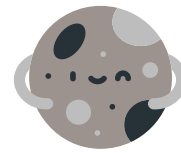
June - Strawberry Moon



July - Buck Moon



August - Sturgeon Moon



September - Full Corn Moon



October - Hunter's Moon



November - Beaver Moon



December - Cold Moon



LUNAR CYCLE AND MANIFESTATION

New Moon

- Set new intention or manifestation for this lunar cycle.
- Make sure the intention is coming from a true heart longing and not a logical want from the mind.

Waxing Crescent

- Write down the intention on a piece of paper.
- Burn and / or bury the intention.
- Return it to the earth as a seed and let it go. Make plans for the actions you will take

1st Quarter

- Take action
- Get organized
- Do the work
- Start the project

Waxing Gibbous

- Refine and strategize
- Good time focus and analyze how things are going
- Refine strategy (pivot) - if needed

LUNAR CYCLE AND MANIFESTATION

Full Moon

- Let go of the old - A good time to identify the things that are no longer serving you and let them go.
- Identify old patterns and old ways of thinking - let them go.

Waning Gibbous

- Refine goals & intention if needed.
- A good time to share anything you learned during the waxing phase.
- This is a potent time to shed more of the limitations that may have hindered your success along the way.

Last Quarter

- Re-evaluate what didn't work in this lunar cycle.
- Smaller projects and intentions will be manifested during this phase.
- Reflect on what can be done differently next time.
- This is also a good time for self-care and rest.

Waning Crescent

- Get Inspired
- Planning and dreaming
- Also a good time for banishing and decluttering.
- Clean your space!

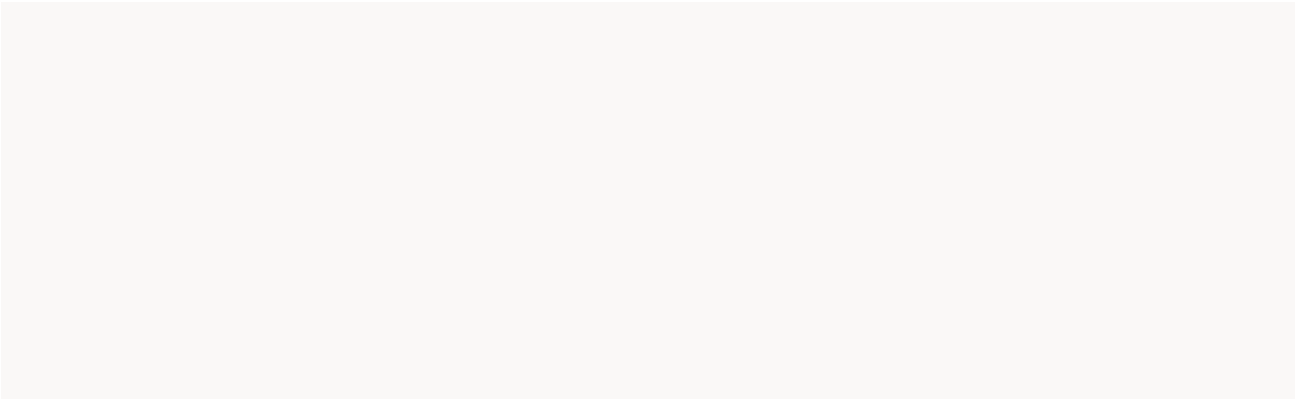
Month /Year:

Moon Name:

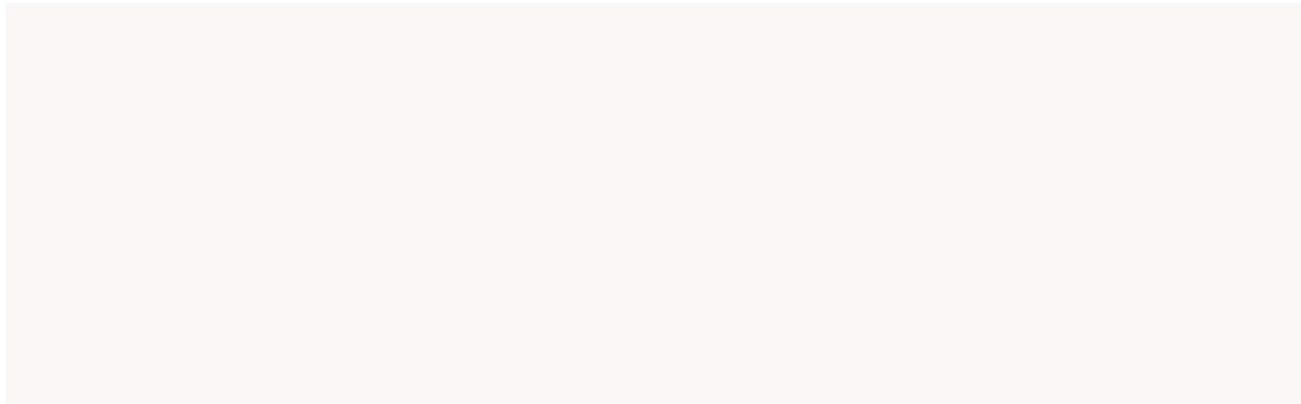
1. Set Intention - on the New Moon



2. Let Your Intention Go - on the Waxing Crescent




3. Take action - 1st Quarter Moon



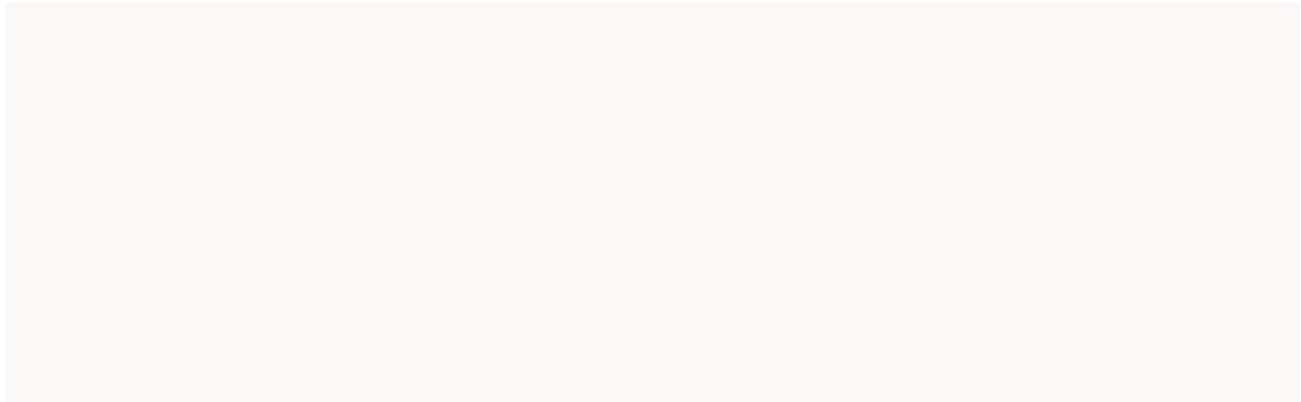
Month /Year:

Moon Name:

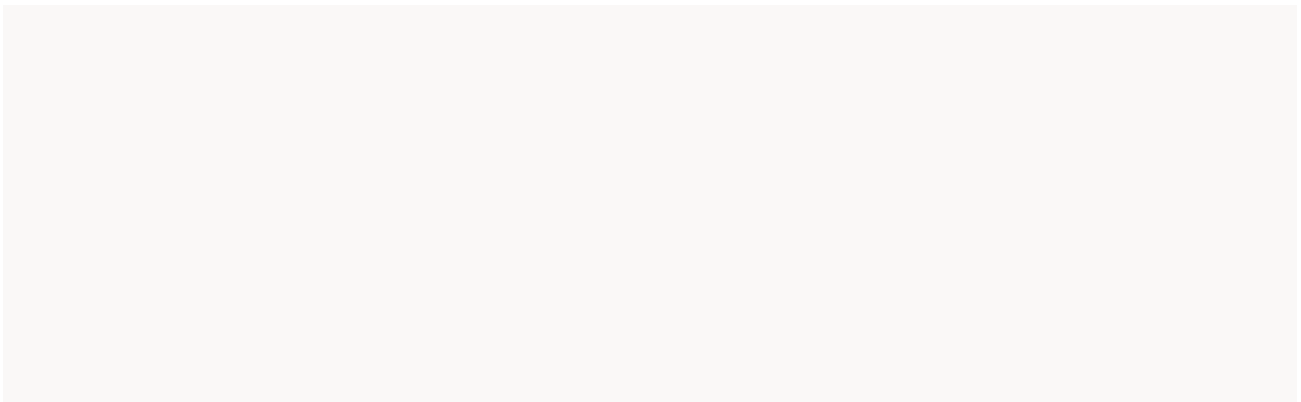
4. Refine and strategize - Waxing Gibbous



5. Let go of the old - Full Moon



6. Refine goals and Intentions -Waning Gibbous



Month /Year:

Moon Name:

7. Evaluate and reflect - Last Quarter Moon

8. Get Inspired & Make a Plan for Next Cycle - Waning Crescent

9. Notes