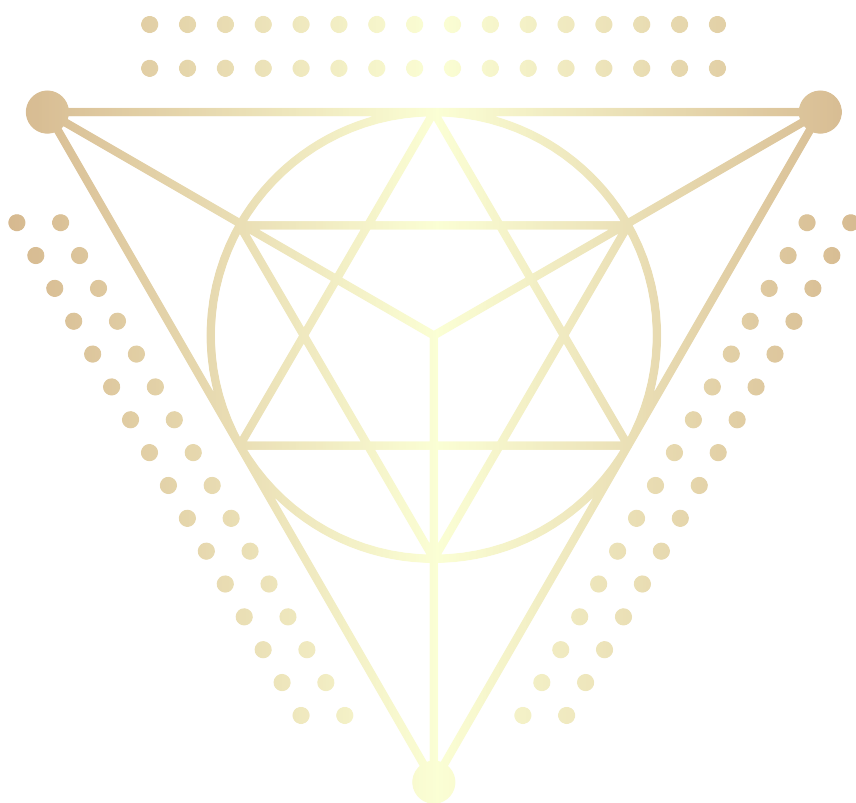


# Need a Reset?

THE 17 QUESTIONS I ASKED  
MYSELF RECENTLY....





HI, I AM

TIFFANY

**Hello, fellow Mystic!**

I hope you enjoy this resource!

If you find this resource helpful and would like to learn about Human Design, Astrology, or how to Trust your Intuition, consider exploring the guides on **MY WEBSITE**.

There you will find lots of free information that will help you start to understand yourself at a deeper level.

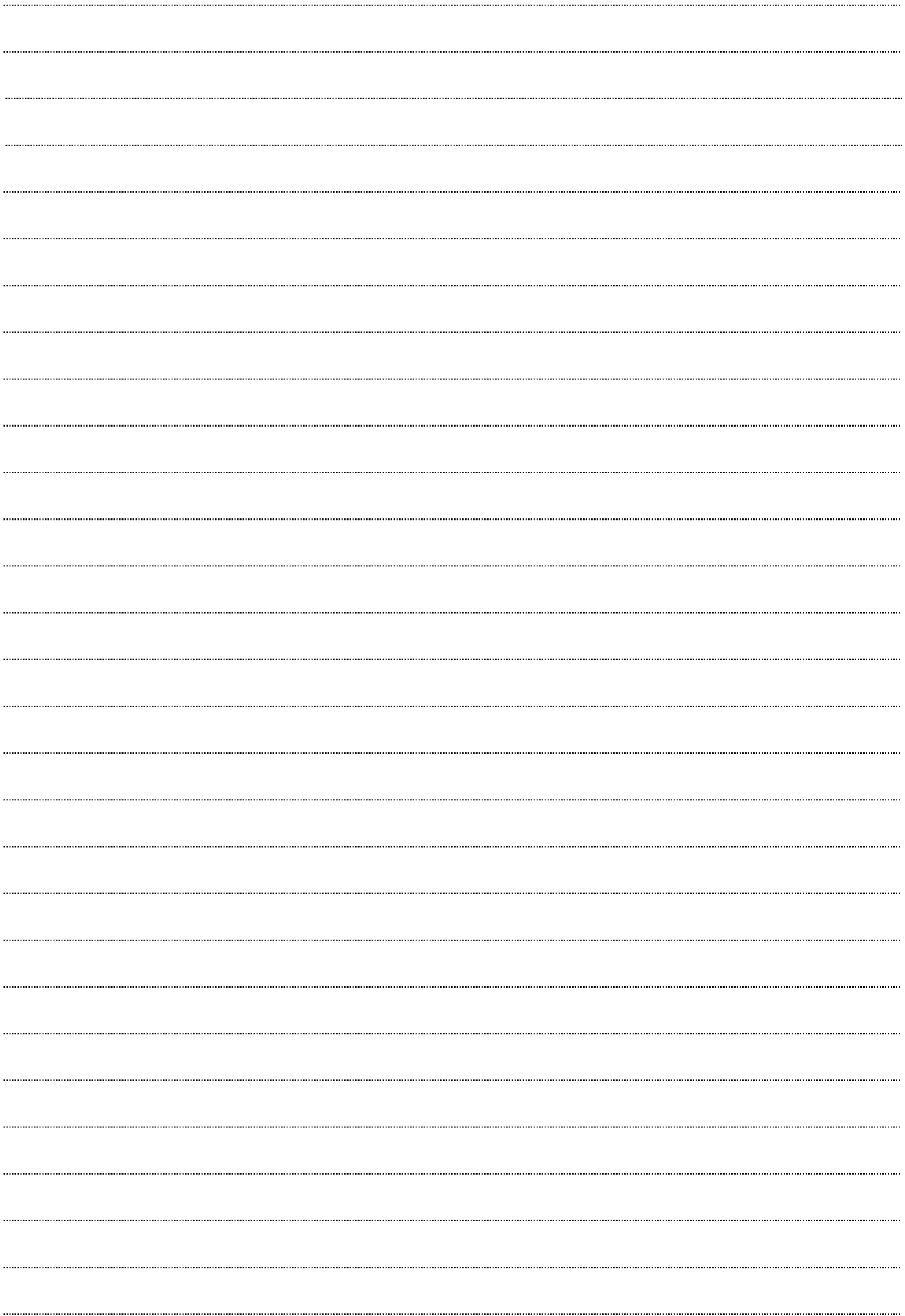
**TAKE ME THERE**

# QUESTION LIST

- What do I desire, especially if I could be “the wild one” or “the rebel”?
- If I woke up with 100 million dollars...What in my life would I continue to do? What would I preserve and keep the same?
- If I woke up with 100 million dollars...What would I walk away from? What would I change? What would I remove?
- If I woke up with 100 million dollars...What would be the ideal expression of myself in this scenario? What would my authentic self love to indulge in that I couldn't before?
- What have I learned about myself so far? What have I learned about myself recently?
- What does aligned self-expression look like for me right now? (e.g., creating, speaking, silence, singing, writing, thinking, etc)
- What sounds fun to me right now?
- Where is my “zone of genius”? What comes to me easily and effortlessly? What are the things I could do in my “sleep”?
- What are the things or advice that people come to me for? Are there new ways to share the things I am good at?
- What am I justifying? Is there anything in my life that I do or participate in that I feel like I need to explain or defend?
- Where in my life am I being authentic? In which spaces and with which people is the energy GOOD?

- In which spaces (or with which people) do I question whether or not I am showing up authentically? (e.g., the energy behind the interactions is fear, insecurity, etc)
- Are there new or creative ways I can leverage my current Interests, passions, resources, skills, or gifts to bring positive change in my life?
- Where can I start putting myself first, where I maybe haven't been until now?
- Is there a need to create space for pauses, sabbaticals, or REAL self-care in my life? If yes, where can I create those opportunities?
- What are the things I love to do that are just for me? (Just because I want to)
- What action(s) can I take that create opportunities for myself to change, start something new etc?







A series of 25 horizontal dotted lines spanning the width of the page, providing a template for handwriting practice.



A series of 25 horizontal dotted lines spanning the width of the page, providing a template for handwriting practice.



A series of 25 horizontal dotted lines spanning the width of the page, providing a guide for handwriting practice.



A series of 25 horizontal dotted lines spanning the width of the page, providing a template for handwriting practice.



A series of 25 horizontal dotted lines spanning the width of the page, providing a template for handwriting practice.



A series of 25 horizontal dotted lines spanning the width of the page, providing a template for handwriting practice.



A series of 25 horizontal dotted lines spanning the width of the page, providing a template for handwriting practice.



A series of 25 horizontal dotted lines spaced evenly down the page, providing a template for handwriting practice.



A series of 25 horizontal dotted lines spanning the width of the page, providing a template for handwriting practice.



A series of 25 horizontal dotted lines spanning the width of the page, providing a template for handwriting practice.



A series of 25 horizontal dotted lines spanning the width of the page, providing a template for handwriting practice.



A series of 25 horizontal dotted lines spaced evenly down the page, providing a template for handwriting practice.



