



REFLECT

RELEASE

RENEW

aluxuriousmind

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HI, I AM

TIFFANY

Hello, fellow Mystic!

I hope you enjoy this resource!

If you find this resource helpful and would like to learn about Human Design, Astrology, or how to Trust your Intuition, consider exploring the free guides on **MY WEBSITE**.

There you will find lots of free information that will help you start to understand yourself at a deeper level.

TAKE ME THERE

The Power of a RESET!

REFLECT, RELEASE, RENEW

Design Your Future with Purpose,
Clarity, and Confidence



Take a Moment to

REFLECT

**FEARS OR WORRIES THAT HAVE KEPT ME FROM TAKING ACTION
OVER THE PAST YEAR**

**HABITS OR THOUGHT PATTERNS THAT NO LONGER SUPPORT MY
GOALS OR WELL-BEING**

**PHYSICAL CLUTTER IN MY ENVIRONMENT THAT FEELS STAGNANT
OR BURDENSOME**

**BELIEFS ABOUT MYSELF, OTHERS, OR THE WORLD THAT HAVE KEPT
ME SMALL OR STUCK**

IT'S TIME TO

RELEASE

INSPIRE AND
RENEW

WHAT INSPIRES ME RIGHT NOW.

MY WORD FOR THE NEXT YEAR (e.g. "faith", "courage" etc)

TOP 3 THINGS I WANT TO HAPPEN IN THE NEXT YEAR

ENERGY FOR THE YEAR AHEAD - MY PERSONAL YEAR NUMBER

To calculate your Personal Year Number in numerology, which reveals the theme and energy of the year ahead, you will need your birthdate and the current year. Here's a step-by-step guide:

1. Write down your month and day of birth.
2. Add the current year to the month and day.
3. Reduce the sum to a single digit (1-9), unless it is a Master Number (11, 22, or 33).

For example, for someone born on July 15 (07/15) the calculation for the year 2024 is as follows:

Step 1: Add the birth month and day.

- Month: 7
- Day: 15
- Add: $7 + 1 + 5 = 13$

Step 2: Add the current year.

- Current year: 2024
- Add the digits: $2 + 0 + 2 + 4 = 8$
- Add to your total from Step 1: $13 + 8 = 21$

Step 3: Reduce to a single digit.

- Sum: 21
- Reduce: $2 + 1 = 3$

The Personal Year Number for 2024 is 3.

**See Personal
Year Number
Meanings on
next page**

MY PERSONAL YEAR NUMBER IS: _____

PERSONAL YEAR NUMBER MEANINGS

IMPORTANT NOTE - The energy of your personal year number runs from birthday to birthday. So if you are born on October 11th and you have calculated your Personal Year for 2025 - the energy of your Personal Year for 2025 will run from 10/11/25 to 10/11/26.

PERSONAL YEAR NUMBER MEANINGS

- 1 - New Beginnings, Leadership
- 2 - Cooperation, Balance
- 3 - Creativity, Joy
- 4 - Stability, Hard Work
- 5 - Change, Freedom
- 6 - Responsibility, Love
- 7 - Spiritual Growth, Introspection
- 8 - Success, Abundance
- 9 - Completion, Transformation

MEANINGS OF MASTER NUMBERS

- 11 - Spiritual insight, heightened intuition, illumination, inspiration.
- 22 - Vision, manifestation, practicality, leadership.
- 33 - Compassion, selflessness, healing, spiritual upliftment.

****Master Numbers demand growth, self-awareness, and responsibility.**
When these energies are not fully expressed, they can reduce to their base numbers (11 → 2, 22 → 4, 33 → 6), which are less intense but still meaningful.

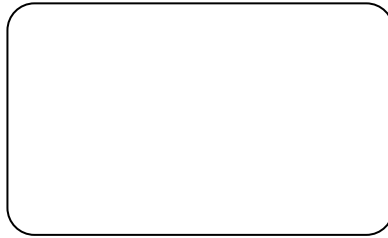
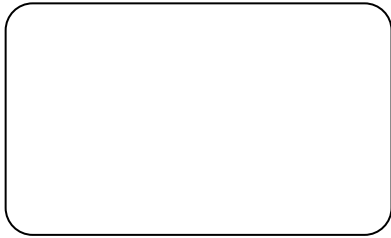
MONTHLY

JOURNAL

MONTHLY REVIEW

MONTH / YEAR _____

TOP 3 PRIORITIES THIS MONTH



WINS FROM LAST MONTH

INSPIRED ACTION, PIVOTS AND SHIFTS

OTHER THINGS I AM WORKING ON

MONTHLY INTENTION

MONTH / YEAR _____

WHAT I AM RELEASING OR LETTING GO OF

WHAT I AM CALLING IN OR MANIFESTING

DIVINATION
(oracle or tarot)

THEME OF THE MONTH

WISDOM