



Terms and Conditions for She Thrives - Soul Strategies for Women Who are Busy AF  
presented by Kristell Court

These Terms and Conditions (the "Agreement") outline the terms by which Kristell Court ("Coach") agrees to provide services to you ("Client").

By enrolling in She Thrives - Soul Strategies for Women Who Are Busy AF (the "Program") and purchasing any additional Human Design and/or Coaching Sessions (the "Services"), you accept and agree to the following:

1. Program Overview

The Program is prerecorded with online access designed to support and guide clients in personal development, growth, and well-being. This may include, but is not limited to, downloadable materials, online resources, pre recorded videos and Services such as 1:1 or group coaching sessions.

2. Eligibility

By participating in the Program and Services, you affirm that you:

- Are 18 years of age or older.
- Have the legal capacity to agree to these Terms and Conditions.

3. Program Enrollment and Payment

- a) Fees: The cost of the Program and Services is due upon registration unless a payment plan is agreed upon.
- b) Payment Plans: If a payment plan is available, the terms will be specified in writing, and all payments must be made by the agreed-upon due dates. Failure to make payment will result in the revocation of course access, without refund for any payment already received.
- c) Payment Methods: Payments may be made via credit card, PayPal, or other payment platforms specified by the Coach.
- d) Refunds: All sales are final, and no refunds will be issued.

4. Coaching and/or Human Design Sessions (if these Services were purchased by Client)

- a) Scheduling: Coaching sessions must be scheduled in advance and are subject to availability. The Coach will provide access to a scheduling system for booking sessions.
- b) Rescheduling: Cancellations or rescheduling requests must be made at least 24 hours in advance. Sessions cancelled with less than 24 hours' notice will be forfeited.

- c) Missed Sessions: No-shows or missed sessions without notice will not be refunded or rescheduled. A no-show is assessed when a client is 10 minutes late for a session.

## 5. Program Access

- a) Content: You will have access to the Program content for 6 months from the date of purchase.
- b) Personal Use Only: All materials provided during the Program and Services, including but not limited to videos, workbooks, and other resources, are for personal use only and may not be shared, distributed, or reproduced without express permission from the Coach.

## 6. Confidentiality

This coaching relationship, as well as all information (documented or verbal) that the Client shares with the Coach as part of this relationship, is bound by the principles of confidentiality. However, please be aware that the Coach-Client relationship is not considered a legally confidential relationship (like the medical and legal professions) and thus communications are not subject to the protection of any legally recognized privilege. The Coach agrees not to disclose any information pertaining to the Client without the Client's written consent. The Coach will not disclose the Client's name as a reference without the Client's consent. Confidential Information does not include information that:

- (a) was in the Coach's possession prior to its being furnished by the Client;
- (b) is generally known to the public or in the Client's industry;
- (c) is obtained by the Coach from a third party, without breach of any obligation to the Client;
- (d) is independently developed by the Coach without use of or reference to the Client's confidential information; or
- (e) the Coach is required by statute, lawfully issued subpoena, or by court order to disclose;
- (f) is disclosed to the Coach and as a result of such disclosure the Coach reasonably believes there to be an imminent or likely risk of danger or harm to the Client or others; and
- (g) involves illegal activity. The Client also acknowledges his or her continuing obligation to raise any confidentiality questions or concerns with the Coach in a timely manner.

## 7. Client Responsibilities

- a) Client is solely responsible for creating and implementing his/her own physical, mental and emotional well-being, decisions, choices, actions and results arising out of or resulting from Program and Services participation and his/her coaching calls and interactions with the Coach. As such, the Client agrees that the Coach is not and will not be liable or responsible for any actions or inaction, or for any direct or indirect result of any services provided by the Coach. Client understands the Program and Services is not therapy and does not substitute for therapy if needed, and does not prevent, cure, or treat any mental disorder or medical disease.
- b) Client further acknowledges that he/she may terminate or discontinue the Program and Services at any time. In such cases, no refund or extension will be issued.

- c) Client acknowledges that the Program and Services is a comprehensive process that may involve different areas of his or her life, including work, finances, health, relationships, education and recreation. The Client agrees that deciding how to handle these issues, incorporate coaching principles into those areas and implementing choices is exclusively the Client's responsibility.

#### 8. Disclaimer of Guarantees

The Coach makes no guarantees or promises regarding specific results from participating in the Program or Services. The Program and Services is intended to provide tools, support, and guidance, but the Client is ultimately responsible for their own personal growth and outcomes.

#### 9. Termination

The Coach reserves the right to terminate the Program, Services or the Client's participation in the Program + Services if the Client violates any terms of this Agreement or engages in inappropriate or disruptive behaviour. In such cases, no refund or extension will be issued.

#### 10. Intellectual Property

All content provided in the Program and Services, including text, videos, worksheets, and any other materials, are the property of the Coach. No content may be reproduced, copied, or shared without prior written permission from the Coach.

#### 11. Waiver and Release

By participating in the Program and Services, the Client agrees to:

- Release and hold harmless the Coach from any and all liability arising from or in connection with the Program.
- Understand that coaching is not therapy, medical treatment, or any form of mental health care, and the Client is solely responsible for their health and well-being throughout the Program.

#### 12. Changes to the Program, Services or Agreement

The Coach reserves the right to make modifications to the Program or this Agreement at any time. Clients will be notified of any significant changes, and continued participation in the Program constitutes acceptance of such changes.

#### 13. Governing Law

This Agreement shall be governed by and construed in accordance with the laws of Alberta, Canada, without regard to its conflict of law provisions.

#### 14. Email List

By providing your email address during Program and Services registration, you acknowledge and agree to:

- a) Email Collection: By enrolling in the Program, the Client agrees to provide a valid email address, which may be added to the Coach's mailing list for the purposes of communication related to the Program, future updates, offers, and other relevant information.

- b) Clients have the right to Opt-out: Clients may opt-out of non-essential communications at any time by clicking the "unsubscribe" link in any email or by contacting the Coach directly.
- c) Third-Party Providers: The Coach may use third-party service providers (such as email marketing platforms) to manage and store Client data.

#### 15. Contact Information

For any questions or concerns regarding the Program or these Terms and Conditions, please contact [kristellcourtcoaching@gmail.com](mailto:kristellcourtcoaching@gmail.com).

By enrolling in the Program, you acknowledge that you have read, understood, and agree to these Terms and Conditions.