

PLUTO RETROGRADE

DISCOVER WHERE PLUTO IS
TRANSFORMING YOUR LIFE RIGHT NOW

*Resource created in May 2025, but this Information is relevant
for any Pluto retrograde

WWW.ALUXURIOUSMIND.COM



HI, I AM

TIFFANY

Hello, fellow Mystic!

I hope you enjoy this astrology resource!

If you found this resource helpful, consider joining my newsletter for access to my **subscriber-only library**, where I offer a more in-depth version of this resource, including additional mystical resources not found in the free library.

I also offer **Birthday (Solar Return) Readings**, where you will discover the themes, opportunities, and challenges for the year ahead. This session can be booked anytime during the year as it offers valuable information on current themes you are navigating and prepares you for the shift into the next cycle.

SUPER SECRET LIBRARY

I WANT A BIRTHDAY READING

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WHAT IS PLUTO RETROGRADE?

Pluto is the planet of transformation, power, rebirth, and deep inner change. It rules over things hidden beneath the surface – the subconscious, emotional wounds, generational patterns, and anything we try to control or suppress.

When Pluto goes retrograde (appears to move backward in the sky from our perspective), its energy turns inward. Instead of triggering external shifts, it asks us to go within and confront what needs to be released, transformed, or reclaimed on a soul level.

WHAT DOES IT MEAN FOR YOU?

Pluto retrograde is an invitation to...

- Reflect on where you're holding onto control, fear, or outdated beliefs
- Explore hidden emotional patterns or power struggles
- Reclaim your personal power from places where you've given it away
- Let go of what's no longer serving your growth – even if it's uncomfortable

This isn't about quick fixes. It's about slow, lasting transformation – breaking things down so they can be rebuilt stronger and more aligned with your truth.

WHY IS IT IMPORTANT?

Because Pluto moves slowly and retrogrades for about 5 months each year, it gives you a long window to do powerful inner work. **Reflecting during this time helps you...**

- Understand the deeper meaning behind challenges or emotional intensity
- Align with your authentic self instead of staying stuck in old patterns
- Heal emotional wounds that quietly shape your decisions
- Step more fully into your strength, truth, and inner power

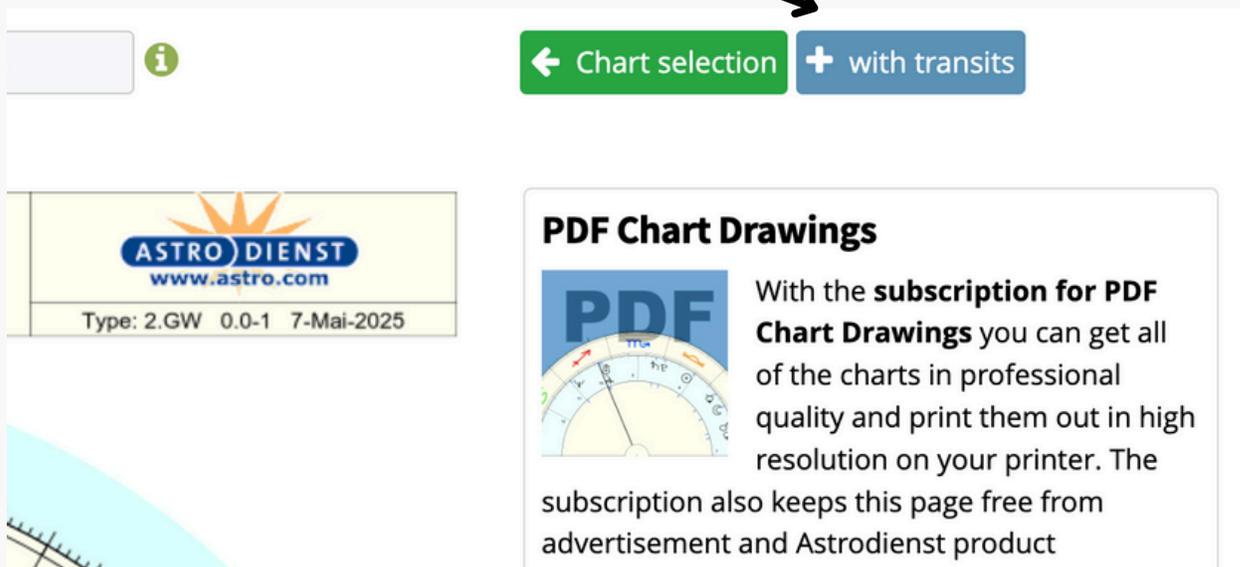
Pluto retrograde isn't something to fear – it's an opportunity to shed the old and rise renewed.

FIND WHERE PLUTO IS RETROGRADING

Step 1: Pull Your Natal Chart with Transits

To find your natal chart (using the Whole Signs system), generate a free birth chart on Astro.com.

1. [Go to Astro.com](https://www.astro.com)
2. Click on **"Horoscopes"** at the top of the page
3. Click on **"Extended Chart Selection"** in the drop-down menu
4. Enter your birth details and then click on the **"Zodiac and Houses"** drop-down menu below and select **"Whole Signs"**
5. Click the green **"Show Your Chart"** button on the right.
6. When your natal chart is generated, in the upper right side you will see a blue button with a + sign that says **"with transits"**.
7. Click the **"with transits"** button



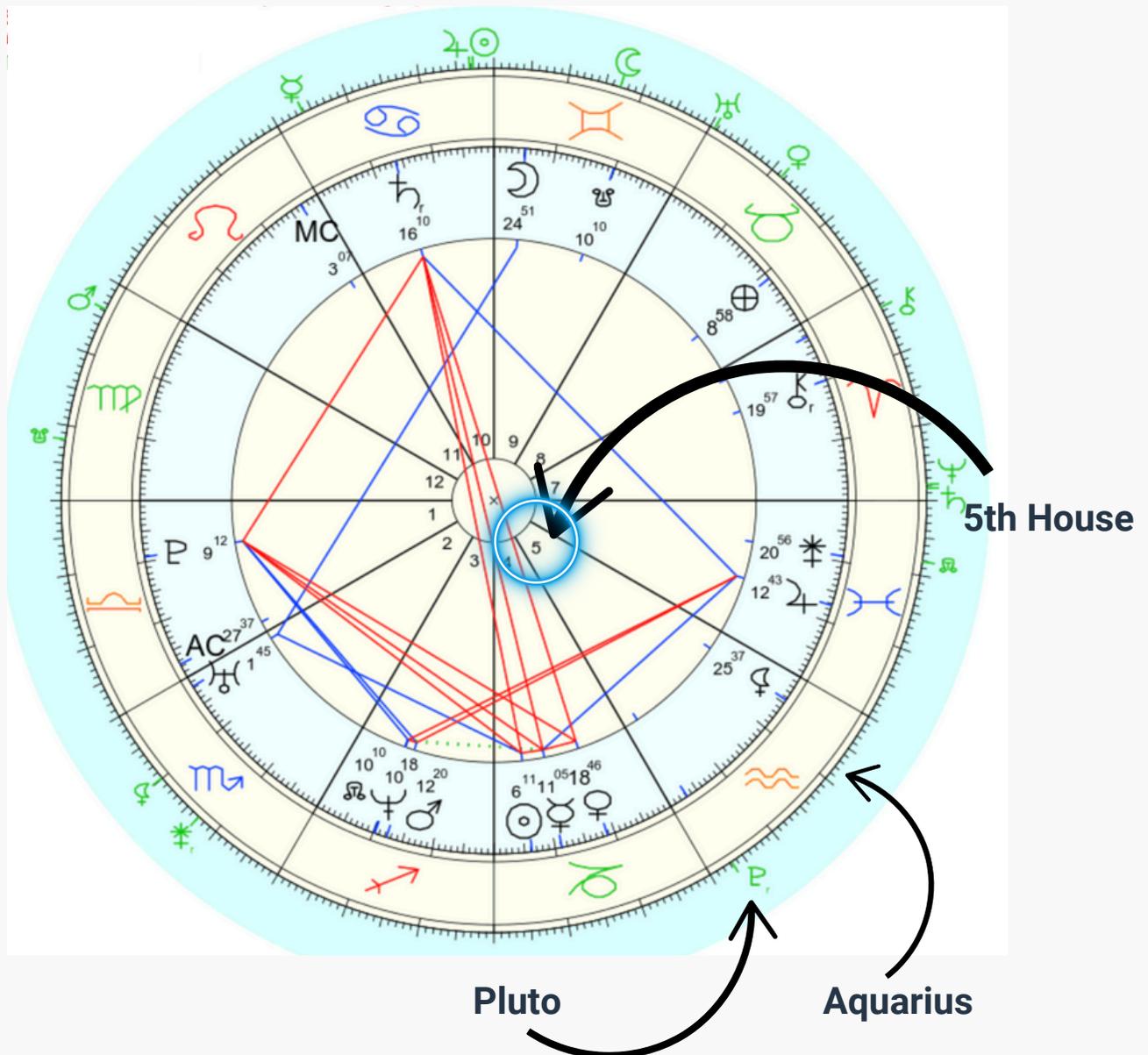
The screenshot shows the Astro.com interface. At the top right, there are two buttons: a green button with a left arrow and the text "Chart selection", and a blue button with a plus sign and the text "with transits". A black arrow points from step 7 of the instructions to the "with transits" button. Below the buttons, there is a logo for "ASTRO DIENST www.astro.com" and a text box containing "Type: 2.GW 0.0-1 7-Mai-2025". To the right, there is a section titled "PDF Chart Drawings" with a small image of a chart and text describing the subscription benefits.

LOCATE THE HOUSE THROUGH WHICH PLUTO IS RETROGRADING

Step 2: Find Where Pluto Is Retrograde


Aquarius

1. Look at your chart and identify which house Aquarius is in. Here is the symbol for Aquarius (2 wavy lines).
2. Note the house number that is associated with Aquarius (see example chart below)
3. Once you find the house, you should see a green letter "P" outside the chart. This represents the Pluto transit.



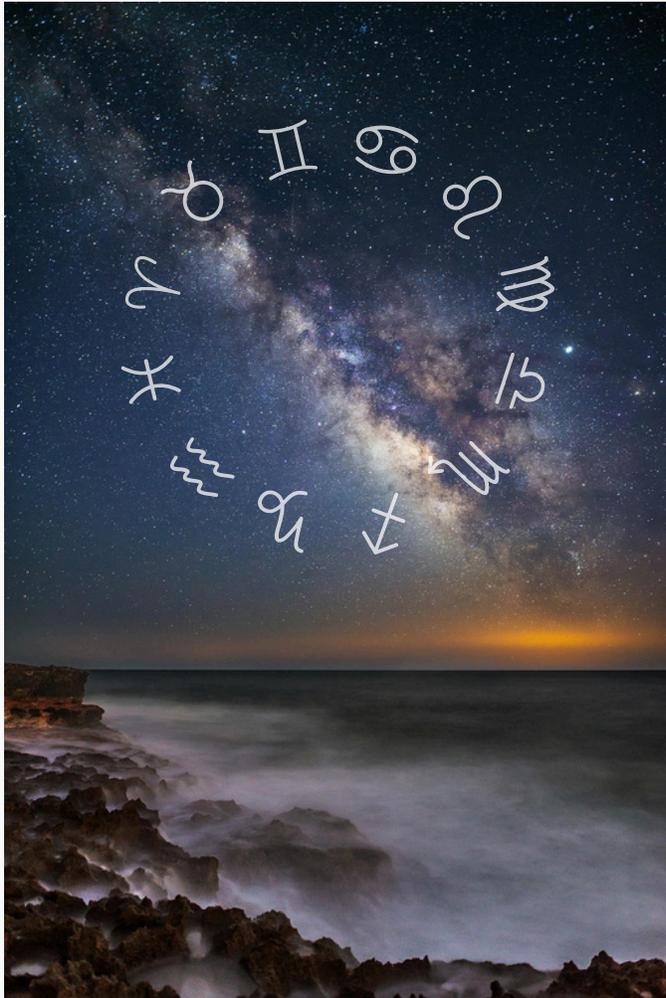
WHERE IS PLUTO STIRRING THINGS UP IN YOUR LIFE?

Once you know which house Pluto is retrograding through in your birth chart, you can begin to understand what part of your life is being energetically excavated, purified, and transformed. Use the table below to match Pluto's current transit house with the life area being activated.

Write the House number where Pluto is transiting in your personal chart _____

| Aquarius is in... | Life Area | Key Themes to Explore |
|-------------------|--|---|
| 1st House | Identity, self-image, how you show up | Reinvention, releasing old personas, stepping into personal power |
| 2nd House | Money, values, self-worth | Power & security, transforming money stories, reclaiming self-worth |
| 3rd House | Mindset, communication, learning | Thought detox, healing limiting beliefs, reclaiming your voice |
| 4th House | Home, family, emotional roots | Ancestral healing, emotional security, redefining "home" |
| 5th House | Creativity, romance, inner child | Creative rebirth, vulnerability, healing fear of being seen |
| 6th House | Daily work, habits, health | Letting go of burnout, redefining productivity, healing the body |
| 7th House | Relationships, partnerships, contracts | Shadow in relationships, power dynamics, deep and authentic connections |
| 8th House | Intimacy, transformation, shared resources | Emotional depth, surrender, healing through loss or rebirth |
| 9th House | Beliefs, travel, higher learning | Shifting worldviews, questioning "truth," spiritual evolution |
| 10th House | Career, public image, ambition | Power in purpose, legacy work, letting go of false success |
| 11th House | Community, friendships, goals | Collective influence, evolving social roles, visionary rebirth |
| 12th House | Spirituality, healing, the subconscious | Deep inner work, releasing karma, spiritual awakening |

CLAIM YOUR DESTINY



Discover Your Life Blueprint

Reveal clear, actionable insights that empower you to live your authentic life.

Clear insights into your personality and life purpose.

Clarity on how to navigate karmic challenges and leverage blessings

Understand how current transits show up in your life

Uplevel Your Life with Cosmic Insights

Uncover the powerful insights hidden in your natal chart and current transits to unlock your future.

An **astrology reading** dives deep into your natal chart, revealing the forces that shape your personality, life purpose, and the karmic energies that challenge and bless you. Feel seen, validated, and empowered with clear, actionable insights that help you navigate your journey with confidence. It's time to harness the power of the stars and claim your destiny.

**Schedule your
Astrology Reading here...**

