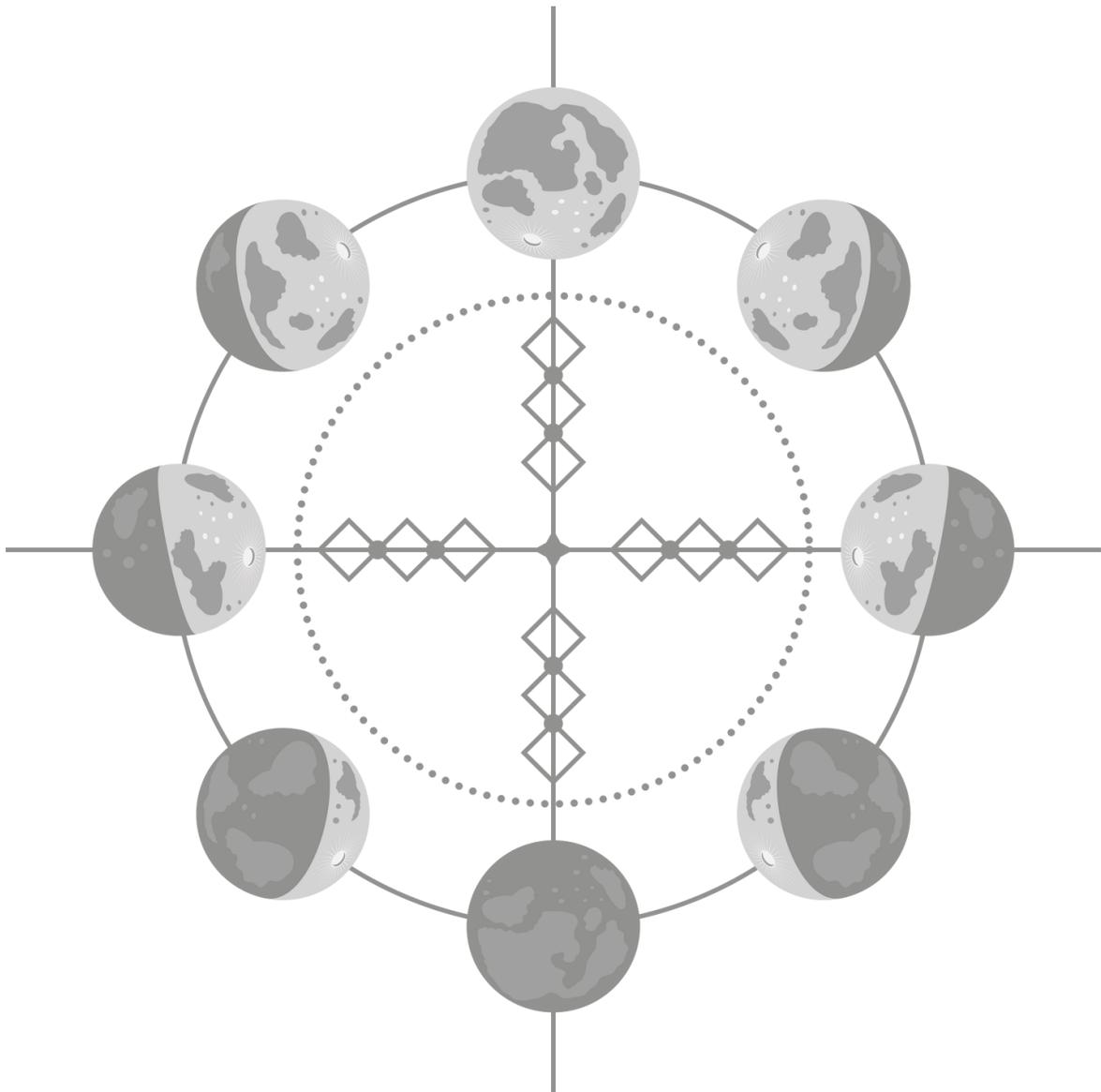


MOON CYCLE MANIFESTATION

Workbook



STEP INTO YOUR TRUE PATH



Discover Your Life Blueprint

Reveal clear, actionable insights that empower you to live your authentic destiny.

Clear insights into your life purpose, relationships & money.

Actionable tips for aligning with your highest potential.

Validation of your unique strengths and qualities.

Life Purpose Session Today. Clarity tomorrow.

Discover the insights hidden in your Human Design, natal astrology, and Numerology Life Path that will empower you to live a life of authenticity and action.

You're not here to follow the crowd—you're here to blaze your own trail!

A Life Purpose reading offers clear, actionable insights that reveal your life path including practical tips and guidance on how to use your energy to manifest and how to navigate karmic challenges and blessings.

**Schedule your
Life Purpose Reading here...**



Moon *Phases & Meaning*



NEW MOON

- Set Intentions
- Ask for desires to manifest
- New Beginning



FULL MOON

- Act Fully
- Release and Let go
- Cleanse



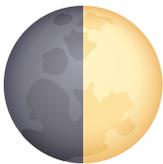
WAXING CRESCENT

- Energetic alignment
- Take action
- Speak positively



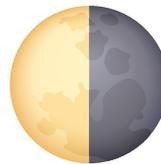
WANING GIBBOUS

- Let go of control
- Trust the Universe
- Cleanse energy



FIRST QUARTER

- Act on momentum
- Courage
- Build on plans



LAST QUARTER

- Let go of control
- Learn from the phase
- Purge energy



WAXING GIBBOUS

- Refine plans
- Patience
- Prepare and speak positively



WANING CRESCENT

- Ground & center energy
- Rest and relax
- Self care

New Moon *Card Spread*

DATE:

DECK:

1

2

3

This card represents clarifying information about the intention for this cycle

This card represents potential blocks or obstacles that might get in the way

Guidance on how to nurture or support your intention or manifestation this cycle.

New Moon *Manifestation*



New moons are about new beginnings, planting new seeds, and releasing anything that is no longer serving you.

SIGN:



DATE:

Write Your Intentions, Dreams, Wishes, Desires:

Power words, statement or mantra

Young Moon *Manifestation*



1/2 - 3 days after the new moon.

Focus on your goals and manifestations for this lunar cycle.

SIGN:



DATE:

What Do I Want to Manifest?

What New Project Do I Want to Begin?

What Seeds Am I Planting Now Towards My Manifestation / Goal?

Waxing Crescent *Manifestation*



3-7 days after the new moon.

The waxing crescent is a time to refine your goals and plans and take inspired action.

SIGN:



DATE:

What am I feeling inspired to do? Am I receiving any intuitive information?

Ideas for my Next Steps? What Opportunities are speaking to me?

Write 3 to 5 steps that feel aligned to take action on.

First Quarter *Manifestation*



7-10 days after the new moon.

The first quarter is the moon phase that starts to increase energy and illuminate any challenges to the seeds planted during your new moon ritual.

During this time, raise your vibration and speak intentions and affirmations to support your manifestation and overcome any obstacles.

SIGN:



DATE:

What Challenges are coming up?

Ideas for working through these challenges

Document next steps to address these challenges.

Waxing Gibbous *Manifestation*



10-15 days after the new moon.

Continue to refine your plans, take action, and stay in high vibration. Put your trust in the Universe and know that your plans are coming to fruition.

SIGN:



DATE:

Are there any additional tasks needed for my project or manifestation?

Identify ways to stay positive or in high vibration.

Document your next steps

Full Moon *Card Spread*

DATE:

DECK:

1

2

3

This card represents what is currently being transformed or cleansed

Represents what still needs to be released or what is blocking your personal growth

Represents the positive energy, opportunities, or insights that will emerge as a result of this release

Full Moon *Manifestation*



15-18 days after the new moon.

The full moon is for celebrating and receiving the rewards of your work. It is also about releasing things that are no longer serving you.

SIGN:



DATE:

Document any "wins" to celebrate.

Identify the beliefs or things that are not serving you right now

Explore how you might let go or rework the things that aren't working for you right now.

Waning Gibbous *Manifestation*



3-7 days after the full moon.

The waning gibbous is a time to release control, cleanse your energy, and put faith in the Universe. Turn your attention inwards, reflect, and meditation.

SIGN:



DATE:

Where can I let go of controlling the “how something happens” or the outcome.

Instead of trying to control things, what will I do instead?

Explore ways to cleanse your energy or stay in high vibration

Last Quarter *Manifestation*



7-10 days after the full moon.

Reflect on what you've learned during this lunar cycle. Focus on what you might want to differently next time. Relax and take time for self-care if you're feeling tired.

SIGN:



DATE:

Explore what you have learned during this cycle?

How will this information inform your next steps or path forward?

Take time for self-care and document it here

Waning Crescent *Manifestation*



10-15 days after the full moon.

Tie up any lingering loose ends. Power down, practice self-care, and get grounded.

SIGN:



DATE:

Identify any loose ends with this phase of your project or manifestation

Tie up any loose ends until the next cycle begins - document those steps here

Create space for rest, relaxation and self-care. Do an activity that makes you feel grounded.

Old Moon *Manifestation*



15-18 days after the full moon.

Rest and relax. Make plenty of time for self-care and prepare for the new lunar cycle ahead.

SIGN:



DATE:

Document learnings from this Lunar Cycle

Identify areas of your life where you need to take a step back or take a break

Write ideas for manifesting the next cycle

Moon Cycle *Manifesting Notes*

Month of: _____



NEW MOON



FULL MOON



WAXING CRESCENT



WANING GIBBOUS



FIRST QUARTER



LAST QUARTER



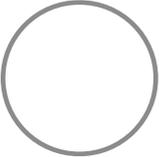
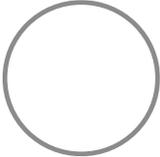
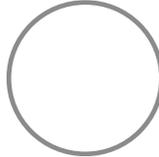
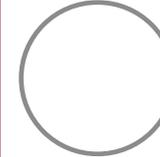
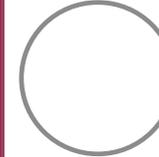
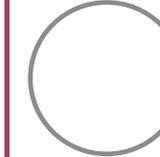
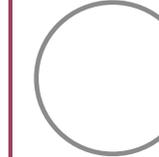
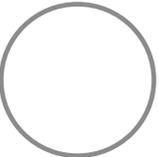
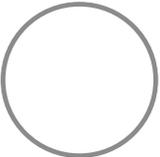
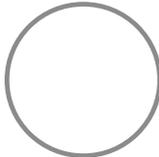
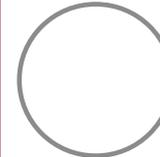
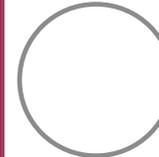
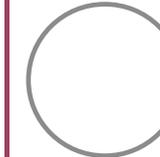
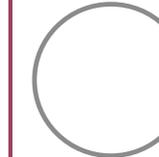
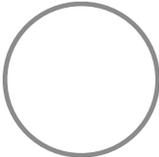
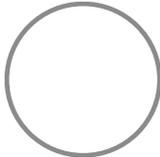
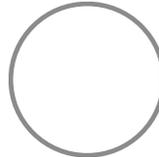
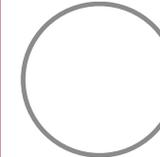
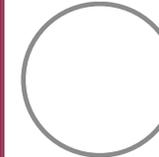
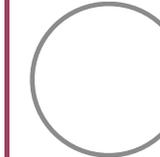
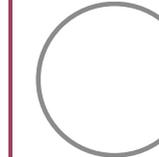
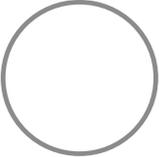
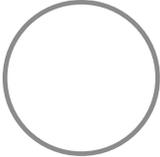
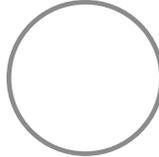
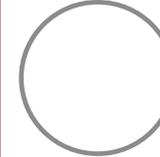
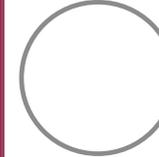
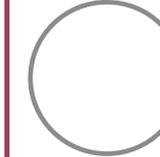
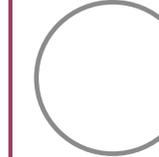
WAXING GIBBOUS



WANING CRESCENT

Monthly Moon Calendar

Month: _____

Mon 	Tue 	Wed 	Thu 	Fri 	Sat 	Sun 
Mon 	Tue 	Wed 	Thu 	Fri 	Sat 	Sun 
Mon 	Tue 	Wed 	Thu 	Fri 	Sat 	Sun 
Mon 	Tue 	Wed 	Thu 	Fri 	Sat 	Sun 

Monthly Mood Tracker

A circular mood tracker chart with 31 numbered segments for days of the month. Each segment is divided into three sub-sections labeled 1, 2, and 3. The chart is surrounded by a ring of 31 small circles.

1 = MOON PHASE

2 = MORNING MOOD

3 = EVENING MOOD

P = POSITIVE

N = NEGATIVE

NEU = NEUTRAL

Monthly Moon Phases

NEW MOON



FIRST QUARTER



WAXING
CRESCENT



FULL MOON



WAXING
GIBBOUS



LAST QUARTER

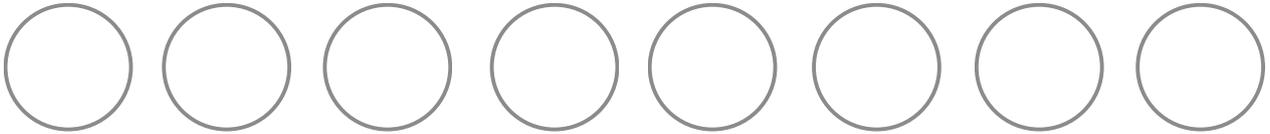


WANING
GIBBOUS

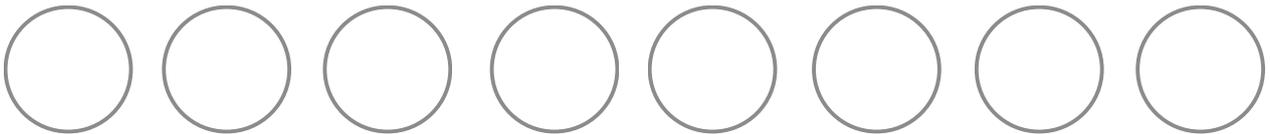


WANING
CRESCENT

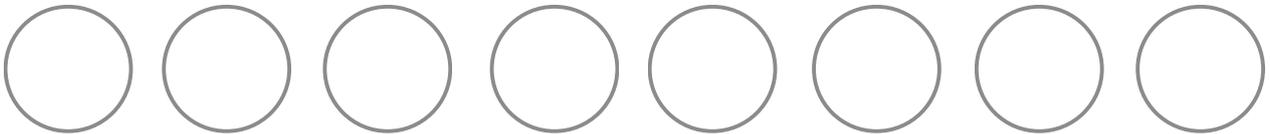
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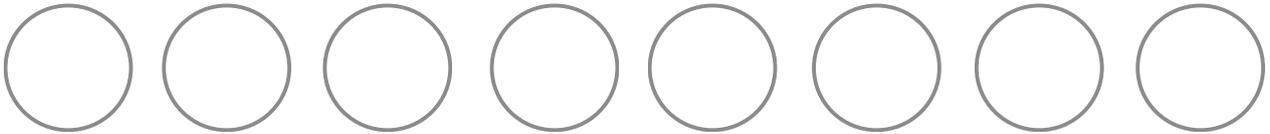
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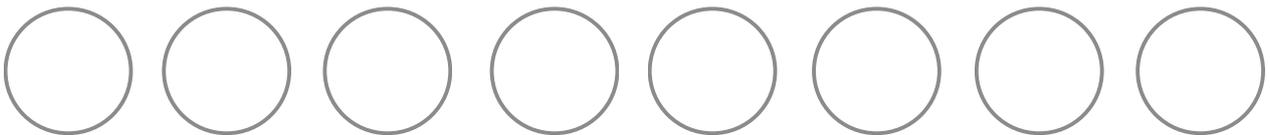
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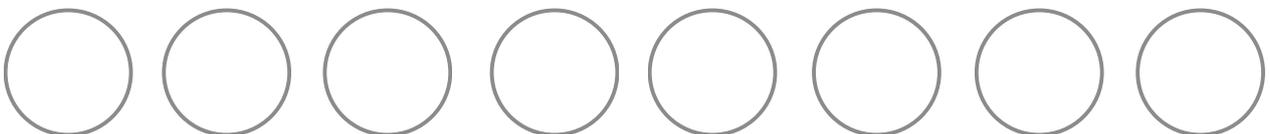
APRIL



MAY



JUNE



Monthly Moon *Phases*

NEW MOON



FIRST QUARTER



WAXING
CRESCENT



WAXING
GIBBOUS

FULL MOON



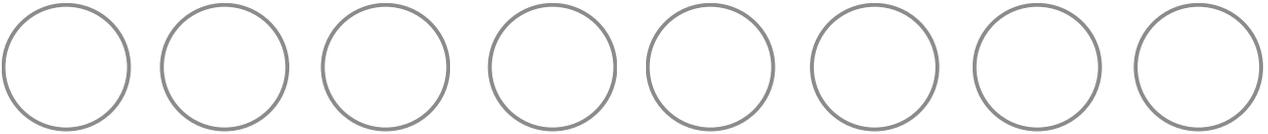
WANING
GIBBOUS

LAST QUARTER

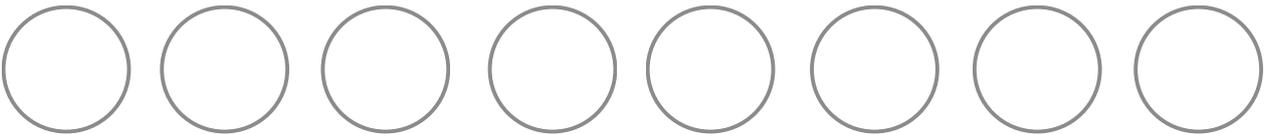


WANING
CRESCENT

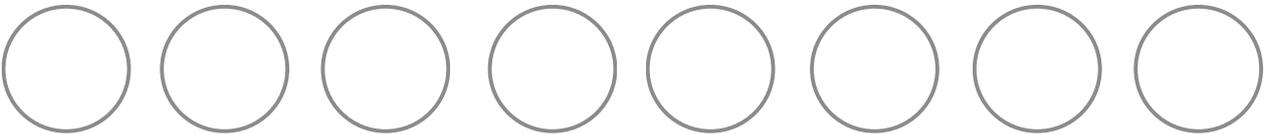
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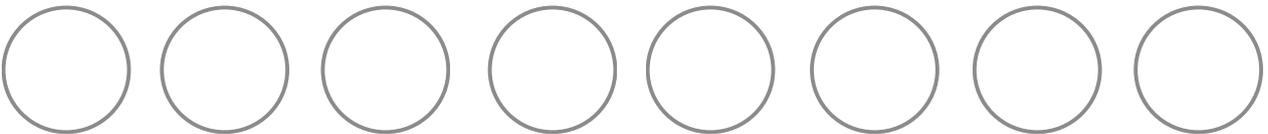
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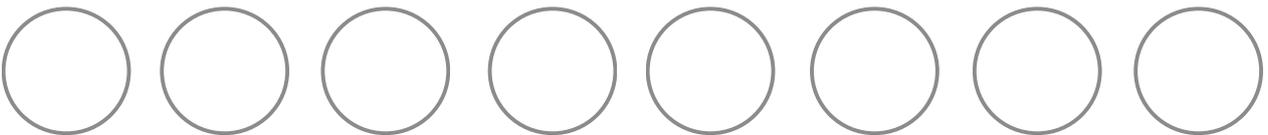
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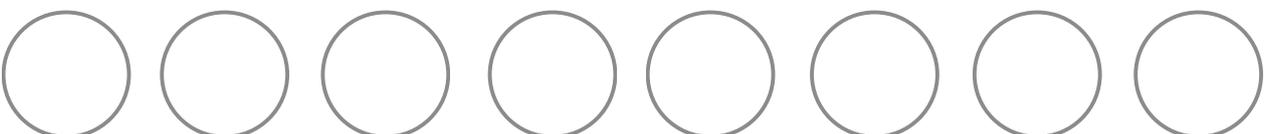
OCTOBER



NOVEMBER



DECEMBER



Daily Planner

MOON PHASE:



DATE:

APPOINTMENTS:

TO DO LIST:

TAROT/ORACLE CARD OF THE DAY:

MOON SIGN:



NOTES:

To Do List

MOON PHASE:



DATE:

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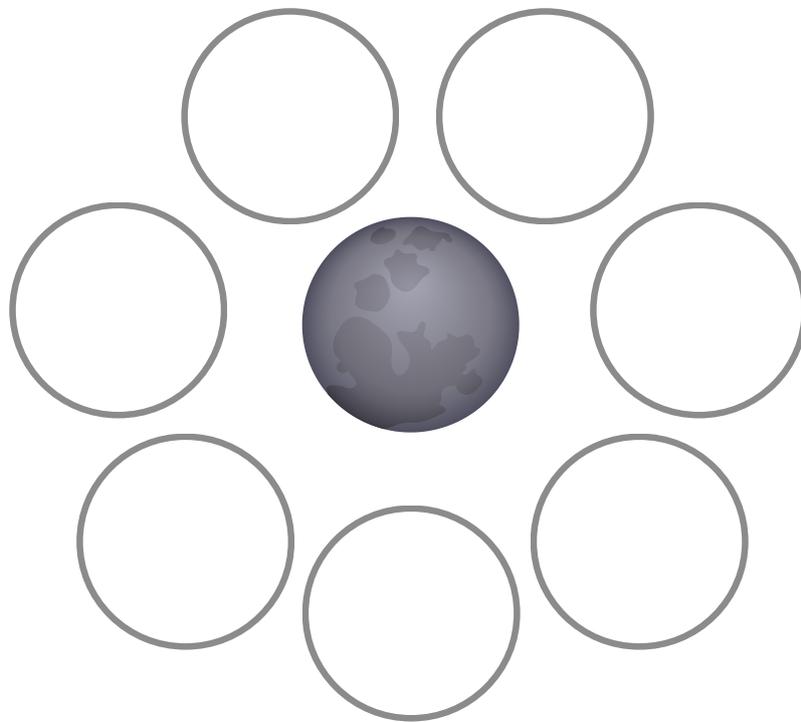
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Notes

Observation *Journal*

MOON PHASE:

DATE:



MY OBSERVATIONS:

My Vision Board

