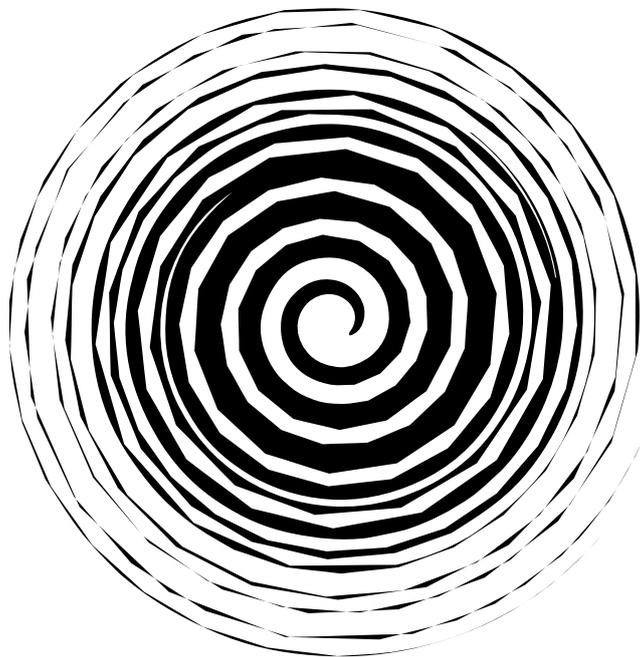


7-Day Manifestation Workbook



STEP INTO YOUR TRUE PATH



Discover Your Life Blueprint

Reveal clear, actionable insights that empower you to live your authentic destiny.

Clear insights into your life purpose, relationships & money.

Actionable tips for aligning with your highest potential.

Validation of your unique strengths and qualities.

Life Purpose Session Today. Clarity tomorrow.

Discover the insights hidden in your Human Design, natal astrology, and Numerology Life Path that will empower you to live a life of authenticity and action.

You're not here to follow the crowd—you're here to blaze your own trail!

A Life Purpose reading offers clear, actionable insights that reveal your life path including practical tips and guidance on how to use your energy to manifest and how to navigate karmic challenges and blessings.

**Schedule your
Life Purpose Reading here...**



DAY 1

What Do You Want to Manifest?

Date:

List three things you want to manifest.

1.

2.

3.

DAY 1 (cont.)

What Do You Want to Manifest?

Why do you want to manifest these things? For each desire, write a short paragraph on why it matters to you and how it will improve your life.

1.

2.

3.

DAY 1 (cont.)

What Do You Want to Manifest?

How will you feel when these things manifest? Describe the emotions you'll feel when your desires come true (e.g., happiness, relief, excitement).

1.

2.

3.

DAY 1 (cont.)

What Do You Want to Manifest?

Write one affirmation for each desire or manifestation (e.g., "I am worthy of a fulfilling and rewarding career").

1.

2.

3.

DAY 2

Shift Limiting Beliefs

Date:

Identify your limiting beliefs: Write down 3 limiting beliefs related to your desires (e.g., "I'm not good enough," "It's too difficult to find true love").

1.

2.

3.

DAY 2 (cont.)

Shift Limiting Beliefs

Write down evidence that proves these beliefs are not true (e.g., "I have achieved difficult things before," "I am deserving of love").

1.

2.

3.

DAY 2 (cont.)

Shift Limiting Beliefs

Transform each limiting belief into an empowering statement (e.g., "I am more than good enough," "Love comes to me naturally").

1.

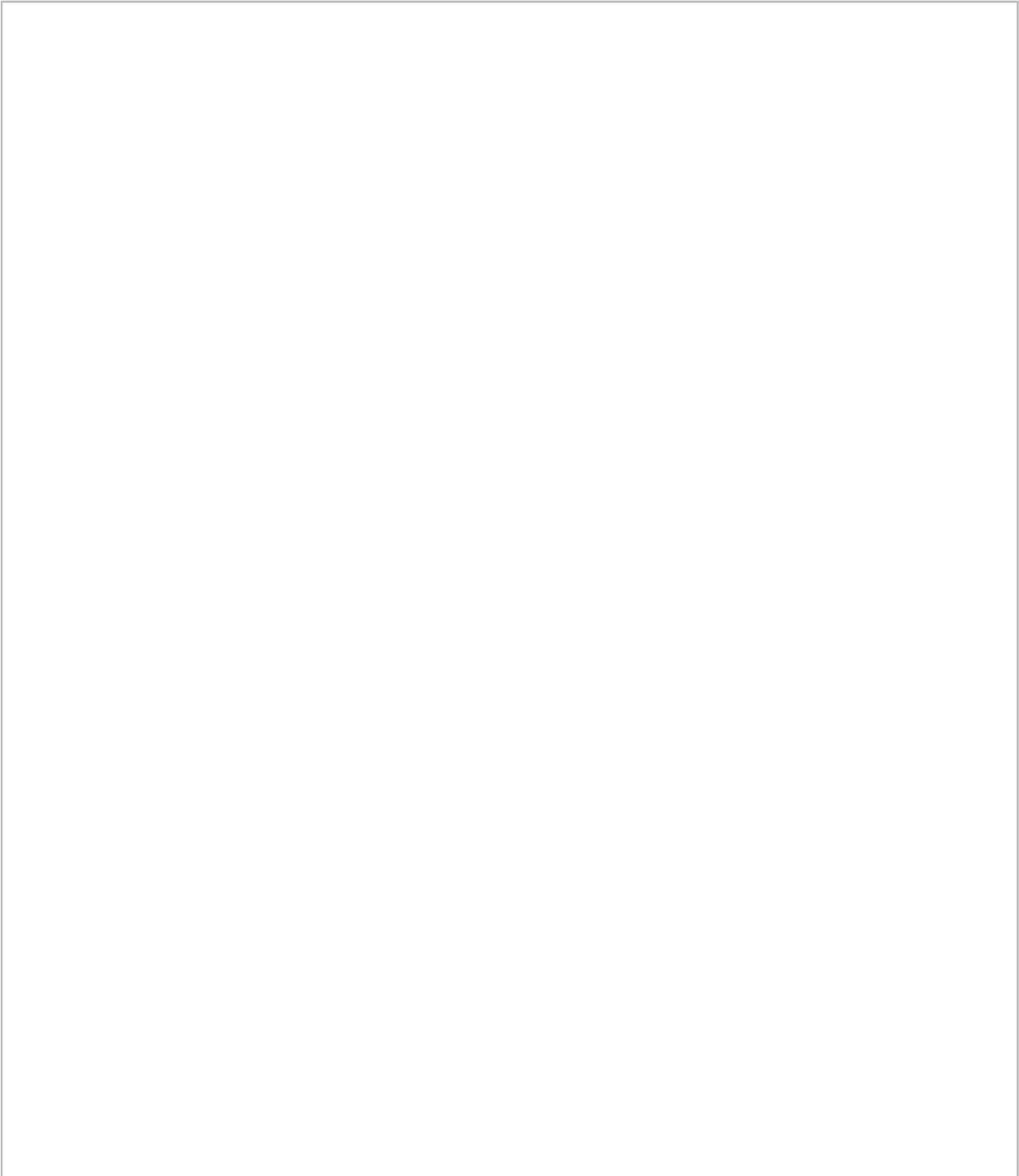
2.

3.

DAY 3

Visualization and Alignment

Close your eyes and imagine yourself living your desired life. Engage all your senses—what do you see, hear, and feel? Write a detailed account of your visualization. Include every detail you imagined, from surroundings to emotions.

A large, empty rectangular box with a thin black border, intended for the user to write their visualization. It occupies the majority of the page below the instructions.

DAY 5

Take Inspired Action

Write down 3 small actions you can take towards each of your desires (e.g., updating your resume, joining a new group, exploring new hobbies).

1.

2.

3.

DAY 5 (cont.)

Take Inspired Action

Choose one action you'll take today. Write it down and set a time for when you'll do it. Plan out future aligned action.

Action

Date

Action

Date

Action

Date

Action

Date

Action

Date

DAY 6 (cont.)

Let Go, Trust the Universe

Write an affirmation to reinforce trust (e.g., "I trust the universe to bring my desires to me in perfect timing").

DAY 7

Celebrate Progress and Set New Intentions

Write down three positive shifts you've noticed in the past week (e.g., mindset changes, small manifestations, increased positivity).

1.

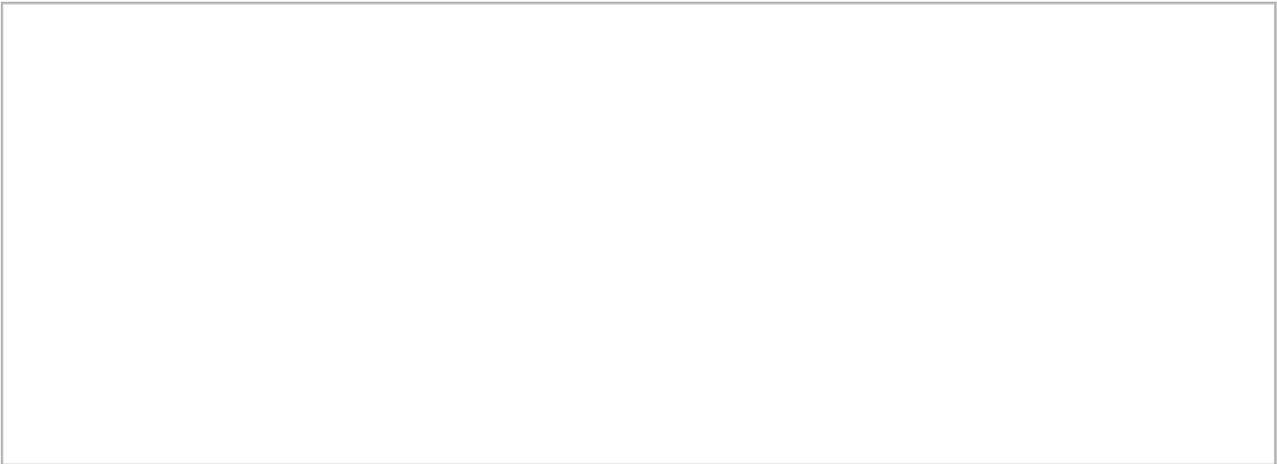
2.

3.

DAY 7 (cont.)

Celebrate Progress and Set New Intentions

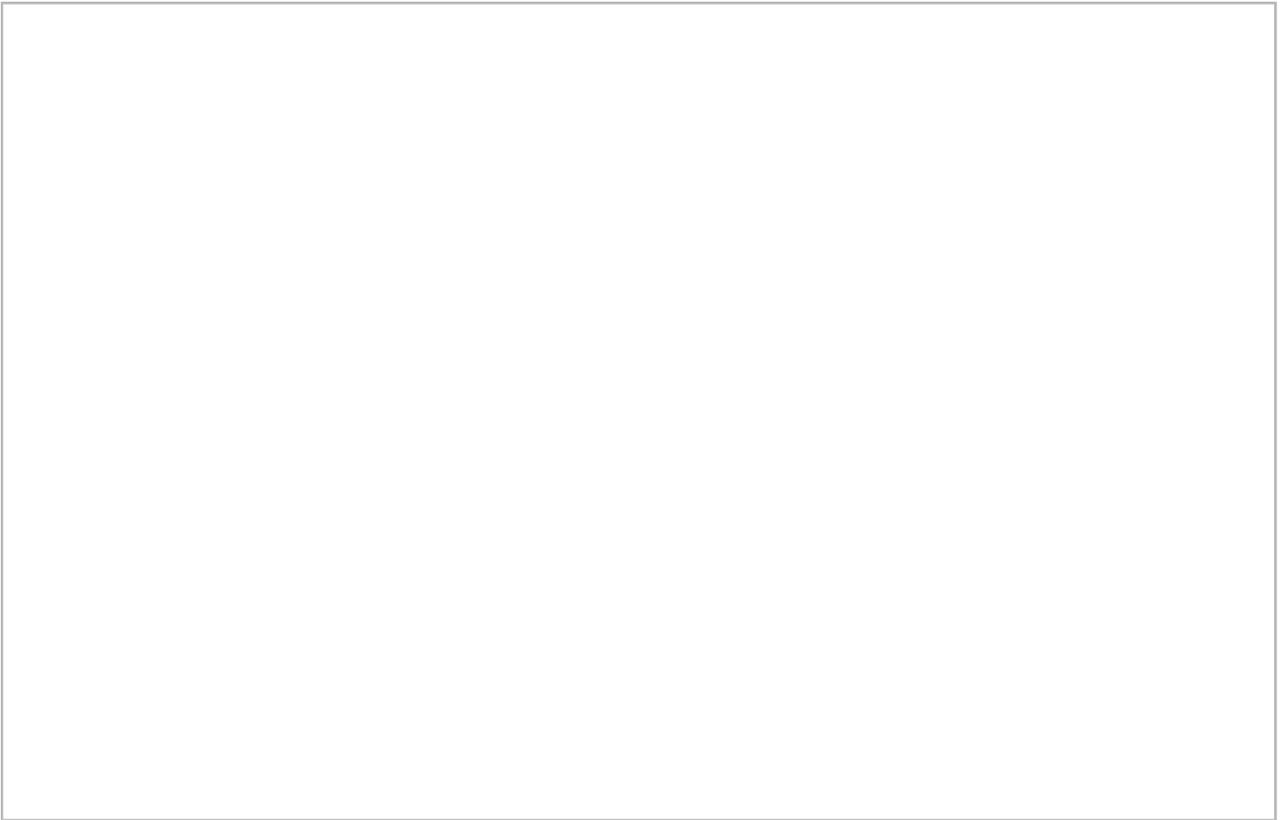
Based on your experience, set one new intention for the upcoming week.

A large, empty rectangular box with a thin black border, intended for the user to write their new intention for the upcoming week.

DAY 7 (cont.)

Celebrate Progress and Set New Intentions

Write a gratitude statement acknowledging your commitment and the progress you've made.

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