

*30 Day  
Law of Attraction*

Workbook

# STEP INTO YOUR TRUE PATH



## Discover Your Life Blueprint

Reveal clear, actionable insights that empower you to live your authentic destiny.

Clear insights into your life purpose, relationships & money.

Actionable tips for aligning with your highest potential.

Validation of your unique strengths and qualities.

## Life Purpose Session Today. Clarity tomorrow.

Discover the insights hidden in your Human Design, natal astrology, and Numerology Life Path that will empower you to live a life of authenticity and action.

You're not here to follow the crowd—you're here to blaze your own trail!

A Life Purpose reading offers clear, actionable insights that reveal your life path including practical tips and guidance on how to use your energy to manifest and how to navigate karmic challenges and blessings.

**Schedule your  
Life Purpose Reading here...**



# Week 1

## Building Your Foundation

# Day 1

Define your top 5 desires and why they matter to you.

# Day 2

Identify 3-5 limiting beliefs and replace them with empowering ones.

Old belief

New belief

Old belief

New belief

Old belief

New belief

Old belief

New belief

# Day 3

Create a vision board or visualize your desires in vivid detail.

Plan Your Vision Board

# Day 3

Create a vision board or visualize your desires in vivid detail.

Plan Your Vision Board

# Day 4

Write 10 things you're grateful for and why.

1.

2.

3.

4.

5.

6.

7.

# Day 4 (cont)

Write 10 things you're grateful for and why.

8.

9.

10.

# Day 5

Craft 3 positive affirmations for each area of your life (health, wealth, relationships).

## HEALTH

## WEALTH

# Day 5 (cont.)

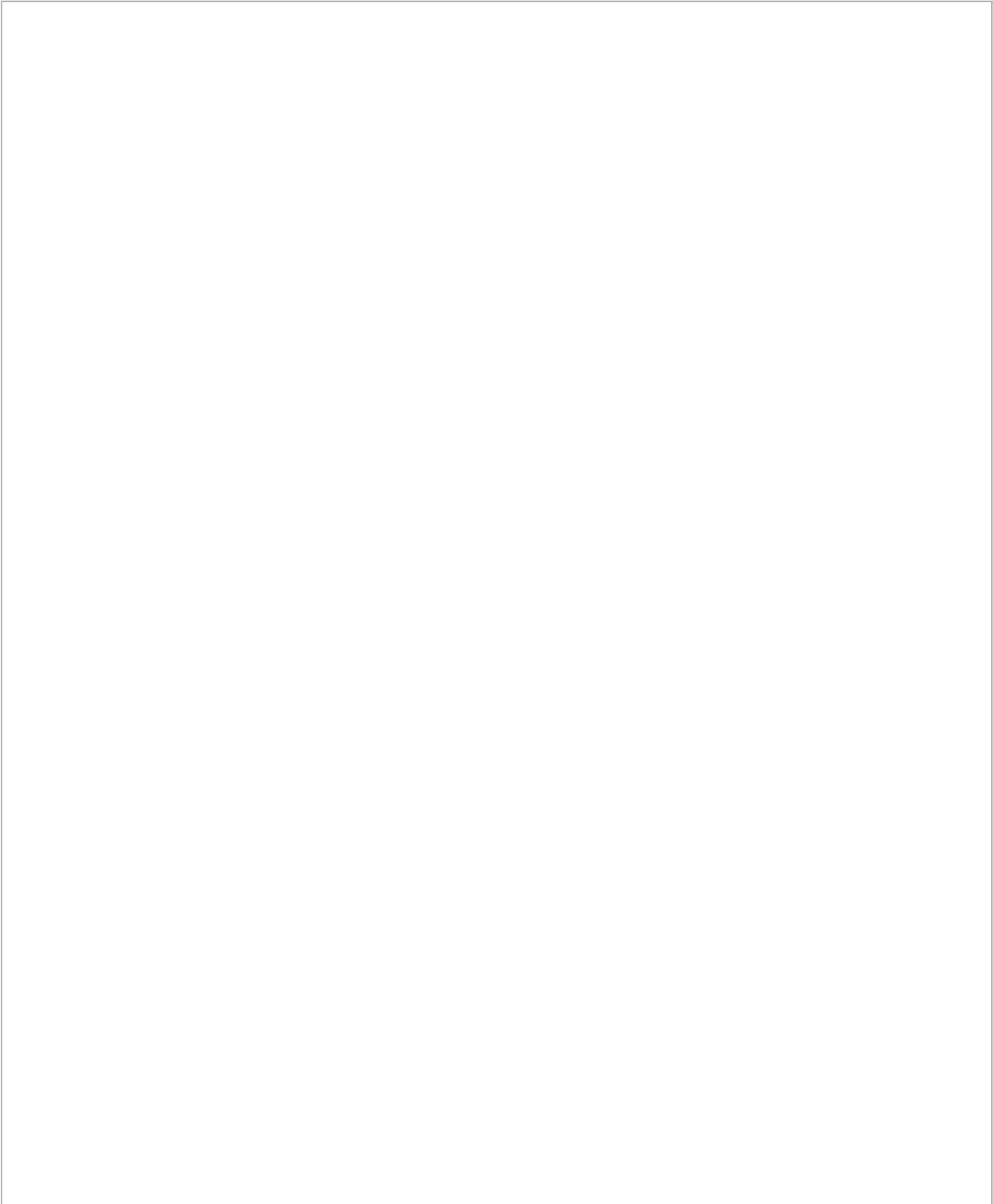
Craft 3 positive affirmations for each area of your life (health, wealth, relationships).

## **RELATIONSHIPS**

# Day 6

Design a morning routine for alignment (e.g., affirmations, meditation).

## **MORNING ROUTINE**

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# Day 7

Reflect on your progress, insights, and feelings from the first week.

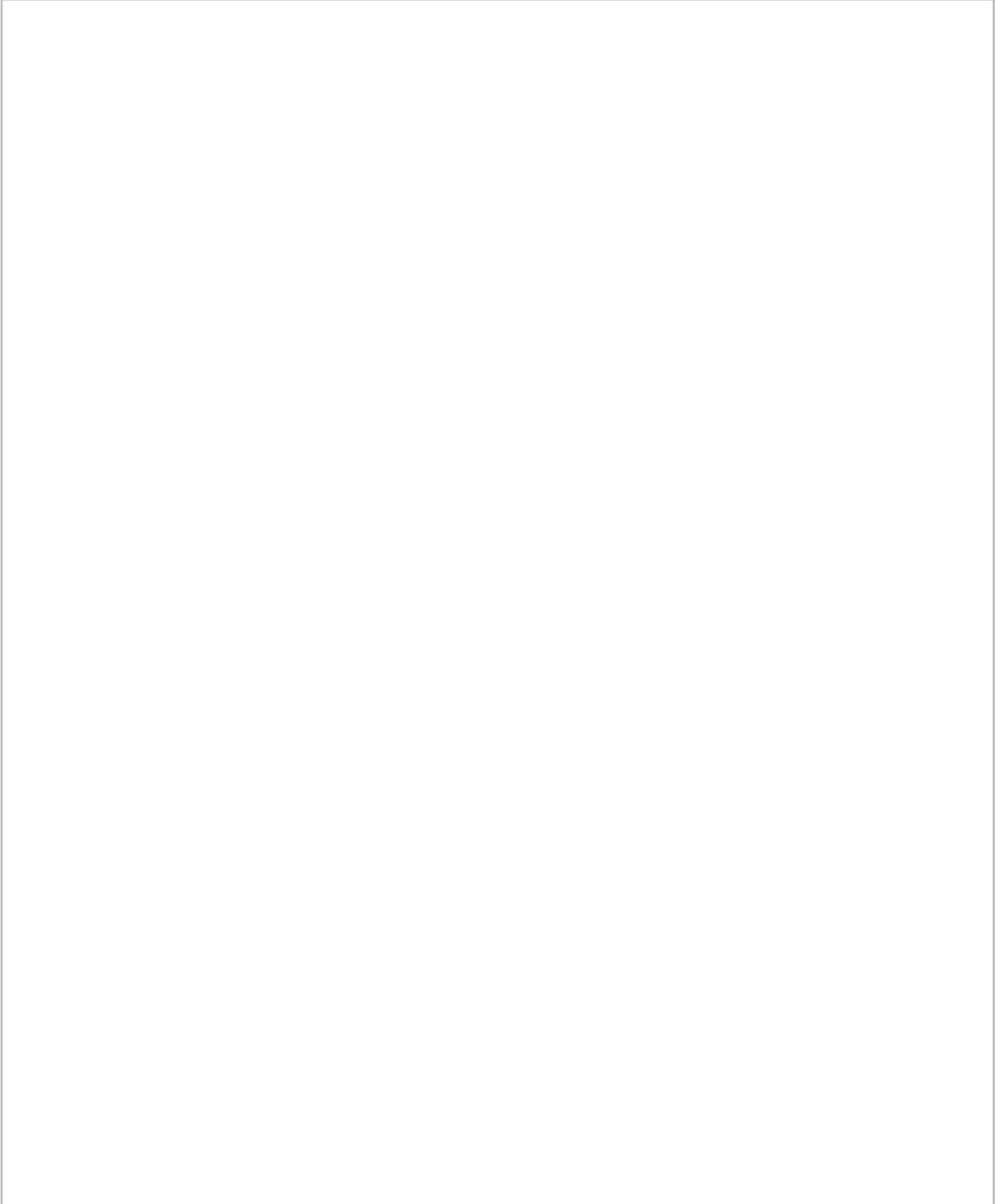
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# Week 2

Desire Alignment

# Day 8

Describe your ideal or highest self. What habits, behaviors, and mindset does this person have?

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# Day 9

List 10 activities that raise your vibration and commit to 3 daily.

1.

2.

3.

4.

5.

6.

7.

# Day 9 (cont.)

List 10 activities that raise your vibration and commit to 3 daily.

8.

9.

10.

I will commit to these 3 activities daily:



# Day 11

Write an affirmations for each of your desires and repeat them 10 times.

**DESIRE 1** \_\_\_\_\_

# Day 11 (cont.)

Write an affirmations for each of your desires and repeat them 10 times.

**DESIRE 2** \_\_\_\_\_

# Day 11 (cont.)

Write an affirmations for each of your desires and repeat them 10 times.

**DESIRE 3** \_\_\_\_\_

# Day 11 (cont.)

Write an affirmations for each of your desires and repeat them 10 times.

**DESIRE 4** \_\_\_\_\_

# Day 11 (cont.)

Write an affirmations for each of your desires and repeat them 10 times.

**DESIRE 5** \_\_\_\_\_

# Day 11 (cont.)

Write an affirmations for each of your desires and repeat them 10 times.

**DESIRE 6** \_\_\_\_\_

# Day 11 (cont.)

Write an affirmations for each of your desires and repeat them 10 times.

**DESIRE 7** \_\_\_\_\_

# Day 11 (cont.)

Write an affirmations for each of your desires and repeat them 10 times.

**DESIRE 8** \_\_\_\_\_

# Day 11 (cont.)

Write an affirmations for each of your desires and repeat them 10 times.

**DESIRE 9** \_\_\_\_\_

# Day 11 (cont.)

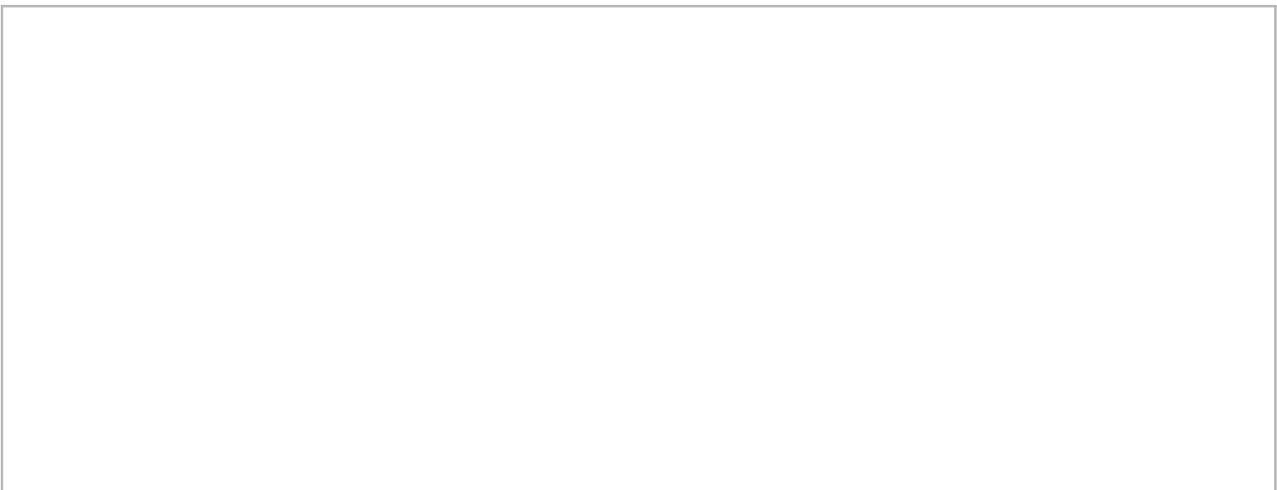
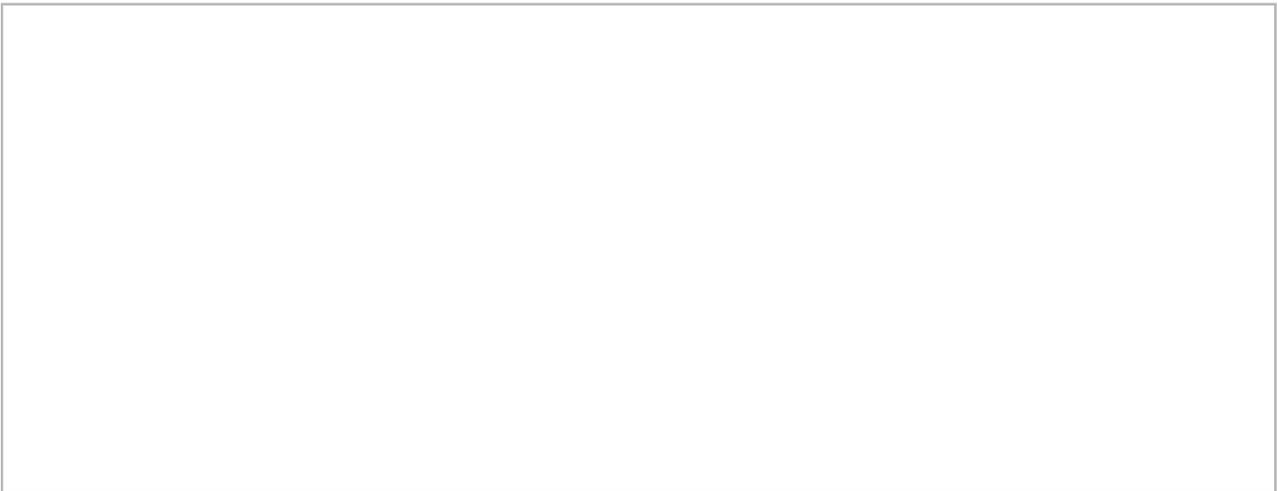
Write an affirmations for each of your desires and repeat them 10 times.

**DESIRE 10** \_\_\_\_\_



# Day 13

List 3 inspired actions you can take toward your desires.





# Week 3

Trusting the Universe





# Day 17

Write a list of "I Am" statements to reinforce your identity.

1. I AM ...

2. I AM

...

3. I AM

...

4. I AM

...

5. I AM

...

6. I AM

...

7. I AM

...

8. I AM

...

9. I AM

...

10. I AM

...



# Day 19

Identify any negative emotions and choose 3 strategies to shift them.

**NEGATIVE EMOTION OR STORY**

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**NEGATIVE EMOTION OR STORY**

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# Day 20

Write about your desire and identity where you feel a need to control the outcome and visualize letting go instead. Write about your visualization and the experience.

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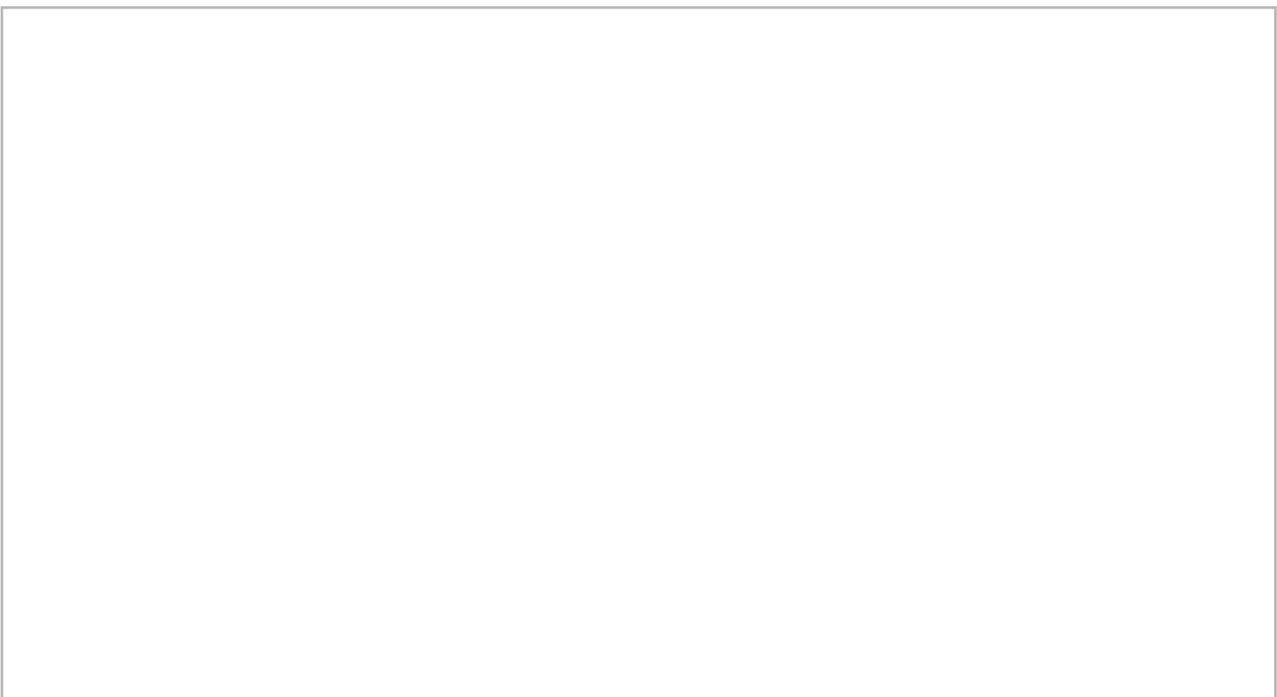
# Day 21

Plan a self-care day and write affirmations focused on self-love.

## **PLAN A SELF-CARE DAY**

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## **SELF-LOVE AFFIRMATIONS**

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# Week 4

Manifestation In Action









# Day 26

Set new goals or adjust current ones based on insights.

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# Day 28

List 10 activities that bring you joy and plan to incorporate in your daily life moving forward.

1.

2.

3.

4.

5.

6.

7.

# Day 28 (cont.)

List 10 activities that bring you joy and plan to incorporate in your daily life moving forward.

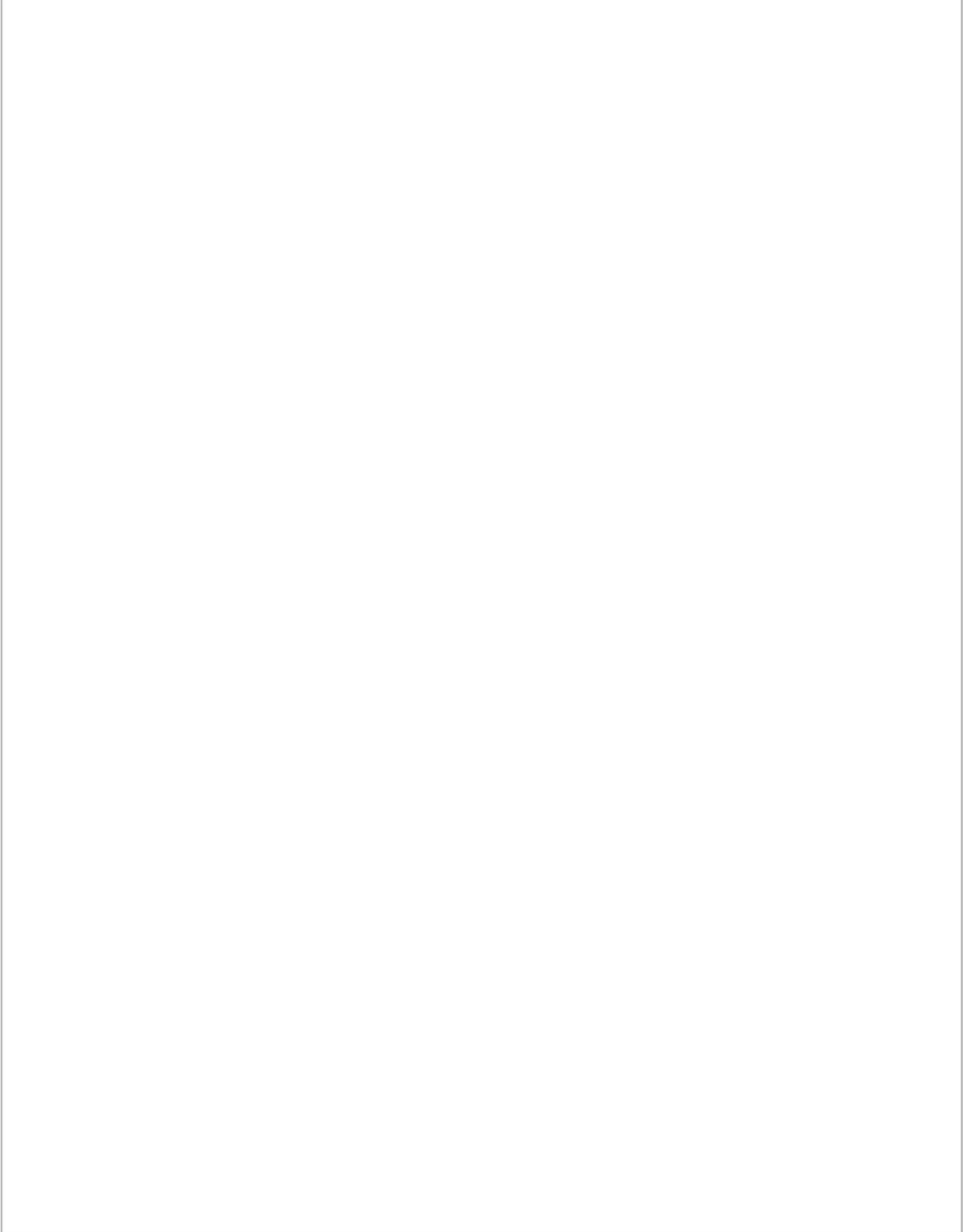
8.

9

10

# Day 29

Plan a small celebration or ritual to honor your progress.

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# Day 30

Reflect on the entire 30-day process, note key takeaways, and express gratitude.

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