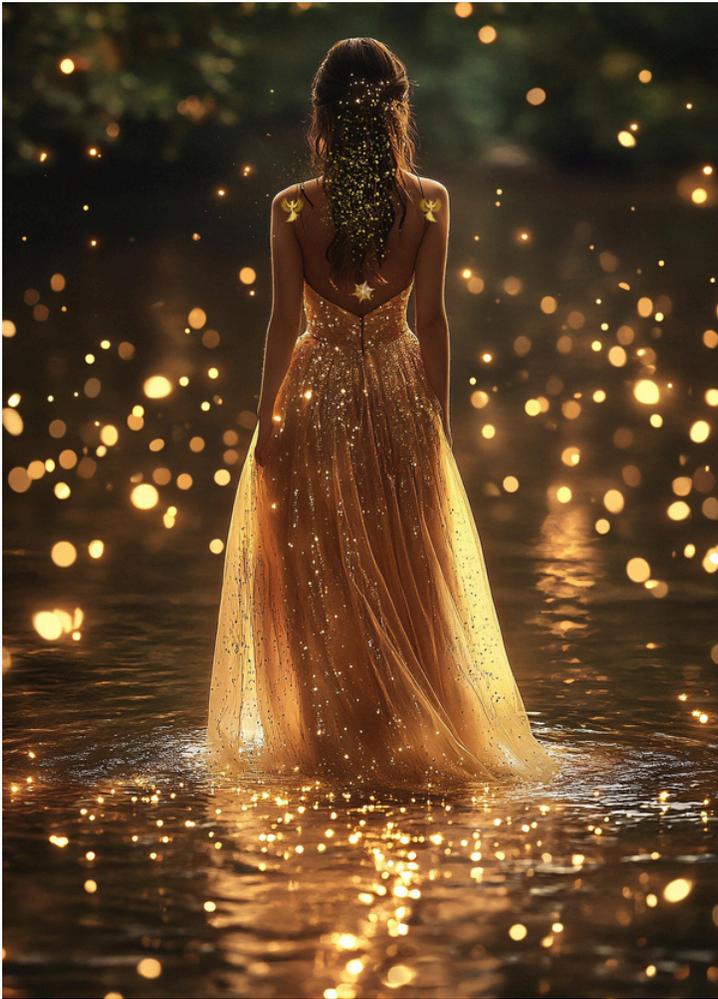


Generator

Reflection
Journal



UNLEASH YOUR INNER WARRIOR: DISCOVER YOUR UNIQUE BLUEPRINT



**It's time to step into
authenticity.**



Dive deep into your unique
Human Design and unlock
the powerful insights
that make
you unstoppable.



**You're bold, courageous,
and destined for
greatness.**

**My Human Design reading gives you the clarity and validation you need to
channel your innate power into meaningful success.**

Feel seen, be empowered, and transform your energy into strategic action.

**Schedule your
session here...**



Generator Strategy

Your "strategy" is how you attract the things you want into your life.

Generator strategy is "To Respond"

- Follow the "hell yes's"
- Listen to your sacral response which you will feel in your body and it will be unexplainable - "I don't know why I want this but it is appealing to me"
- When you say yes to too many things that are a "no" the universe will gift you with burnout.
- The way you know you are living your design? You will feel satisfied - "I feel lit up by life" or "high on life")

How to Know When You Are NOT Living Your Design?

- You will experience frustration - things are not flowing or moving with ease. You may feel uninspired, blah, no flow with life, nothing is moving, or stagnant.

How to Know When You ARE Living Your Design?

- You will feel a sense of satisfaction - life feels exciting, life is lighting me up, feeling full of life or high on life.

Generator Tips for Realignment

Consider these tips as you work through this journal..

- **Set boundaries and say "No"** - If you don't feel strong enough to say "No" to something, ask the universe to remove the thing, give you ways out or the strength to say "No".
- **Create Space** - Doing nothing is better than doing something that is leaking your energy. Remove the things you can to create space for the universe to send new opportunities and ideas.
- **What can you shed?** - Consider the burdens that you can let go of especially the things you are doing out of a sense of duty.
- **Be Curious** - Engage your 5 senses everyday, out in the world, TV, or social channels. Pay should attention to everything in front of you and be aware if you are really interested in something or not.
- **Make a plan** - If you cannot remove yourself from the situation, person, project or commitment right away, create an exit strategy (e.g., save an exit fund)
- **Change the energy of the thing** - If there is something you cannot remove yourself from or take off your place, consider taking on a new perspective or finding a way to make it enjoyable. If it is hard to imagine such a shift, ask the universe for guidance or help.

*If You Prefer a Bound Version
of this Journal....*

It can be found on Amazon

[CLICK HERE](#)

