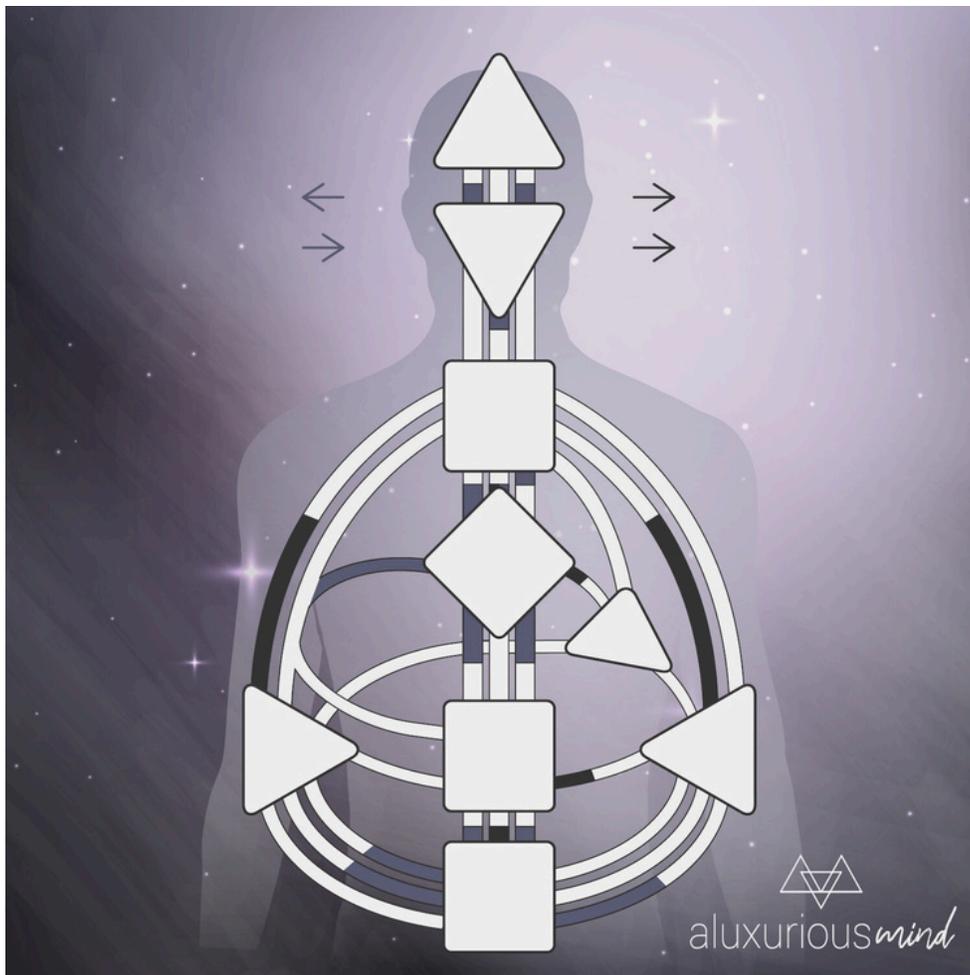


# HUMAN DESIGN GATES

## CHEAT SHEET

Includes Hyperlinks to Online Articles for each Gate



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# GATES CHEAT SHEET

<p><b><u>Gate 1</u></b></p>	<p><b>Gate of Self-Expression</b></p> <ul style="list-style-type: none"><li>• Creating newness for the sake of individual self-expression</li><li>• H - Fully expressing themselves, tapping into their creativity, and making an impact through contribution.</li><li>• L - Not fully expressing themselves, they feel stuck, melancholy, and have a fear of failing their purpose.</li></ul>
<p><b><u>Gate 2</u></b></p>	<p><b>Gate of the Direction of the Self</b></p> <ul style="list-style-type: none"><li>• A knack for taking a vision for turning it into reality</li><li>• H - Very receptive, supportive individuals who have a vision to follow their unique path. May be good at managing resources.</li><li>• L - They may resist support from others, experience burnout, compromise their own path forward, and/or engage in careless spending.</li></ul>
<p><b><u>Gate 3</u></b></p>	<p><b>Gate of Ordering</b></p> <ul style="list-style-type: none"><li>• They have the ability to make order out of confusion</li><li>• H - This person can be a change agent in the right situation.</li><li>• L - They may feel like they need to rush all of the time or they may experience resistance to change.</li></ul>
<p><b><u>Gate 4</u></b></p>	<p><b>Gate of Formulization</b></p> <ul style="list-style-type: none"><li>• They have a love of logic and a fear of chaos</li><li>• H - This person is a problem solver and likes to create possibilities to experiment with.</li><li>• L - Experiencing anxiety that there will never be order or answers to the questions they have.</li></ul>
<p><b><u>Gate 5</u></b></p>	<p><b>Gate of Fixed Patterns</b></p> <ul style="list-style-type: none"><li>• They have a natural sense of rhythms and rituals.</li><li>• H - These individuals may have a specific timing in their life about the way they like to live or experience their 24-hour cycle.</li><li>• L - Being rigid, having difficulty with sudden changes or the unexpected, or ignoring their need for routine.</li></ul>

H - High Expression

L - Low Expression

# GATES CHEAT SHEET

<p><b><u>Gate 6</u></b></p>	<p style="text-align: center;"><b>Gate of Friction</b></p> <ul style="list-style-type: none"> <li>• This person is tuned into intimacy and connect with others</li> <li>• H - They know how to create and foster intimacy with others and when to set boundaries to protect themselves.</li> <li>• L - Experiencing a fear of intimacy and staying small life to feel safe</li> </ul>
<p><b><u>Gate 7</u></b></p>	<p style="text-align: center;"><b>Gate of the Role of the Self in Interaction</b></p> <ul style="list-style-type: none"> <li>• Logical power behind the throne.</li> <li>• H - This person has a vision for a future direction and can be influential in leading others to make it happen.</li> <li>• L - Leading for attention or ego and not in service to others.</li> </ul>
<p><b><u>Gate 8</u></b></p>	<p style="text-align: center;"><b>Gate of Contribution</b></p> <ul style="list-style-type: none"> <li>• The tastemaker and marketeer</li> <li>• H - A curator who contributes by promoting things they know others need. Creating change by leading through example.</li> <li>• L - Struggling to see how they contribute to the collective and knowing the right time to contribute.</li> </ul>
<p><b><u>Gate 9</u></b></p>	<p style="text-align: center;"><b>Gate of Focus</b></p> <ul style="list-style-type: none"> <li>• The ability to hone in on the details of things.</li> <li>• H - They have the tenacity and power of focus that is needed to create new forms.</li> <li>• L -They may miss the bigger picture or spend time focusing on the wrong things.</li> </ul>
<p><b><u>Gate 10</u></b></p>	<p style="text-align: center;"><b>Gate of the Behavior of the Self</b></p> <ul style="list-style-type: none"> <li>• Having a love of life and loving their own life.</li> <li>• H - Someone who is meant to help others love life by loving their own. It is the embodiment of self-empowerment in its best iteration.</li> <li>• L - Feeling disempowered or playing the victim.</li> </ul>

H - High Expression

L - Low Expression

# GATES CHEAT SHEET

<p><b><u>Gate 11</u></b></p>	<p><b>Gate of Ideas</b></p> <ul style="list-style-type: none"><li>• They will receive or “download” a lot of ideas.</li><li>• H - Knowing which ideas are for them to act upon versus those ideas that are for the collective (others).</li><li>• L - Thinking they have to act on all of their good ideas or believing that others stole their ideas.</li></ul>
<p><b><u>Gate 12</u></b></p>	<p><b>Gate of Caution</b></p> <ul style="list-style-type: none"><li>• The tone and vibration of their voice conveys more than their actual words.</li><li>• H -They have an inner knowing of what to say and how to say it to maximize their impact on those around them.</li><li>• L - They may feel somewhat traumatized from the experience of sharing when the timing wasn't correct and having felt rejected or dismissed.</li></ul>
<p><b><u>Gate 13</u></b></p>	<p><b>Gate of the Listener</b></p> <ul style="list-style-type: none"><li>• Listening and collecting stories.</li><li>• H - This person is like a bard, collecting the stories and retelling them as wisdom to share.</li><li>• L - Getting stuck in old beliefs or stories</li></ul>
<p><b><u>Gate 14</u></b></p>	<p><b>Gate of Power Skills</b></p> <ul style="list-style-type: none"><li>• Amplifying that which is good in others.</li><li>• H - This individual will magnify all the good others have and will help the tribe move forward.</li><li>• L -Thinking they need to have control of their own success.</li></ul>
<p><b><u>Gate 15</u></b></p>	<p><b>Gate of Extremes</b></p> <ul style="list-style-type: none"><li>• The ability to accept differences including the extremes of life.</li><li>• H - They may feel drawn toward extremes in rhythms or patterns in themselves or others. They may want to find a place in society for the full spectrum of human behavior.</li><li>• L -Trying to force consistency when they are not necessarily designed to operate that way.</li></ul>

H - High Expression

L - Low Expression

# GATES CHEAT SHEET

<p><b><u>Gate 16</u></b></p>	<p><b>Gate of Skills</b></p> <ul style="list-style-type: none"><li>• Having a natural talent that is shared with enthusiasm</li><li>• H - This person likes to experiment and to develop and hone skills through repetition and practice.</li><li>• L - This individual may have a funny or weird relationship with their natural talents and not embrace it.</li></ul>
<p><b><u>Gate 17</u></b></p>	<p><b>Gate of Opinions</b></p> <ul style="list-style-type: none"><li>• They like to substantiate opinions and perspectives.</li><li>• H - This individual has opinions on new ideas, possibilities, or new patterns.</li><li>• L - Sharing opinions when the timing isn't right and coming across judgmental or opinionated.</li></ul>
<p><b><u>Gate 18</u></b></p>	<p><b>Gate of Correction</b></p> <ul style="list-style-type: none"><li>• They are designed to discover all the things that can be corrected or improved.</li><li>• H - They have an intuitive understanding of what needs correcting, and what is "off" in a pattern.</li><li>• L - Never feeling satisfied because they can never find the perfection they seek.</li></ul>
<p><b><u>Gate 19</u></b></p>	<p><b>Gate of Wanting</b></p> <ul style="list-style-type: none"><li>• Tuned into sensing the needs of others.</li><li>• H - Sometimes this person just knows what others need before they know they need it and brings awareness to those needs.</li><li>• L - Finding themselves in co-dependent relationships because they know exactly what to provide for people so they will like them.</li></ul>
<p><b><u>Gate 20</u></b></p>	<p><b>Gate of the Now</b></p> <ul style="list-style-type: none"><li>• They have an influential unifying voice that pulls people together for a shared purpose.</li><li>• H - They can cut through the noise and tell a story in the moment and are influential in creating change in this way.</li><li>• L - This person may feel that they want to "belong," but may also feel that they don't.</li></ul>

H - High Expression

L - Low Expression

# GATES CHEAT SHEET

<p><b><u>Gate 21</u></b></p>	<p><b>Gate of the Hunter or Huntress</b></p> <ul style="list-style-type: none"><li>• They have an instinct for how to control resources.</li><li>• H - They can support the abundance and wise use of resources to the benefit of the family/tribe/business through their dependable skills and care.</li><li>• L - Struggling with a lack mentality and/or being a control freak.</li></ul>
<p><b><u>Gate 22</u></b></p>	<p><b>Gate of Openness</b></p> <ul style="list-style-type: none"><li>• The ability to be emotionally open through listening.</li><li>• H - This person may appear to have a cover of grace over them and live a charmed life.</li><li>• L - Struggling with moodiness and/or self-love.</li></ul>
<p><b><u>Gate 23</u></b></p>	<p><b>Gate of Assimilation</b></p> <ul style="list-style-type: none"><li>• The ability to explain in a simple and cool-headed way</li><li>• H - They can communicate new ideas in a way that is easily understood to bring new ideas to the collective.</li><li>• L - Struggling with not being heard or understood by others.</li></ul>
<p><b><u>Gate 24</u></b></p>	<p><b>Gate of Rationalization</b></p> <ul style="list-style-type: none"><li>• Pondering information to get to the truth.</li><li>• H - They have new ways of seeing the same thing because they have the patience to revisit the idea again and again if needed.</li><li>• L - Having a fear of being ignorant or appearing stupid</li></ul>
<p><b><u>Gate 25</u></b></p>	<p><b>Gate of the Spirit of the Self</b></p> <ul style="list-style-type: none"><li>• The ability to embrace life with a childlike innocence.</li><li>• H - This person can move through the world like everything is new. They do this naturally and people will see this in them.</li><li>• L - Feeling unworthy of love or being too idealistic.</li></ul>

H - High Expression

L - Low Expression

# GATES CHEAT SHEET

<p><b><u>Gate 26</u></b></p>	<p><b>Gate of the Egoist</b></p> <ul style="list-style-type: none"><li>• They know the right way to say things.</li><li>• H - This person may be good at sales because they know how to talk to different people to get a message across to each.</li><li>• L - If their ego is power hungry, this person may exert their influence to reach their own goals</li></ul>
<p><b><u>Gate 27</u></b></p>	<p><b>Gate of Caring</b></p> <ul style="list-style-type: none"><li>• They have a natural ability to nurture and care for others.</li><li>• H - This person knows how to take care of people. They can pull someone out of a situation and they are inclined to do it.</li><li>• L - Caring for the wrong people and/or neglecting their own self-care</li></ul>
<p><b><u>Gate 28</u></b></p>	<p><b>Gate of the Game Player</b></p> <ul style="list-style-type: none"><li>• The ability to appreciate the meaning that comes from struggles.</li><li>• H - They can intuit which risks to take on that will make them feel more alive and lead to struggles that bring purpose to existence.</li><li>• L - Feeling defeated by life or that life is unfair.</li></ul>
<p><b><u>Gate 29</u></b></p>	<p><b>Gate of Perseverance</b></p> <ul style="list-style-type: none"><li>• There is a drive to commit to things and get involved with others</li><li>• H - This person has the perseverance to push through where others quit.</li><li>• L - This person has a hard time saying no to people which leads to over-commitment.</li></ul>
<p><b><u>Gate 30</u></b></p>	<p><b>Gate of Feelings</b></p> <ul style="list-style-type: none"><li>• Ability to experience a depth of emotions</li><li>• H - Feeling deeply in moments (highs and lows) and having the ability to let them go.</li><li>• L - May become overly attached to the outcome of situations.</li></ul>

H - High Expression

L - Low Expression

# GATES CHEAT SHEET

<p><b><u>Gate 31</u></b></p>	<p style="text-align: center;"><b>Gate of Influence</b></p> <ul style="list-style-type: none"> <li>• Ability to influence through the voice.</li> <li>• H - They can lead others effectively but they will need to earn the trust and cooperation from the group.</li> <li>• L - Their influence is dependent on waiting for recognition and the right timing to express their leadership and influence.</li> </ul>
<p><b><u>Gate 32</u></b></p>	<p style="text-align: center;"><b>Gate of Continuity</b></p> <ul style="list-style-type: none"> <li>• Innately knowing what will (and what won't) be successful</li> <li>• H - This individual has a nose for success and failure.</li> <li>• L - Experiencing a fear of failure or struggling to make a decision.</li> </ul>
<p><b><u>Gate 33</u></b></p>	<p style="text-align: center;"><b>Gate of Privacy</b></p> <ul style="list-style-type: none"> <li>• They can process the information that we've learned as a collective and listen for the key points needed to tell a better story.</li> <li>• H - They may instantly learn a lesson about something and be able to share it.</li> <li>• L - Challenge in waiting for the right timing to share the stories and lessons. If the timing isn't right the lessons will not be well received.</li> </ul>
<p><b><u>Gate 34</u></b></p>	<p style="text-align: center;"><b>Gate of Power</b></p> <ul style="list-style-type: none"> <li>• They can be magnetically charismatic</li> <li>• H - They draw people toward them when they are doing what they love to do but with an extra boost of energy.</li> <li>• L - This individual may feel uncomfortable being charismatic or in their power.</li> </ul>
<p><b><u>Gate 35</u></b></p>	<p style="text-align: center;"><b>Gate of Change</b></p> <ul style="list-style-type: none"> <li>• They love to speak about their experiences.</li> <li>• H - They may love to speak about their own experiences, what they have gone through, and the experiences of others..</li> <li>• L - When they are feeling bored because nothing interesting is happening, they may leap into new adventures, and even bring others along with them, without considering the consequences.</li> </ul>

H - High Expression

L - Low Expression

# GATES CHEAT SHEET

<p><b><u>Gate 36</u></b></p>	<p style="text-align: center;"><b>Gate of Crisis</b></p> <ul style="list-style-type: none"> <li>• The ability to resolve emotional issues.</li> <li>• H - This person may be good at solving other people's emotional issues - but they must master solving their own first.</li> <li>• L - Struggling with a fear of inadequacy and creating chaos to relieve boredom</li> </ul>
<p><b><u>Gate 37</u></b></p>	<p style="text-align: center;"><b>Gate of Friendship</b></p> <ul style="list-style-type: none"> <li>• They love to commune with their tribe</li> <li>• H - These are people who have a desire to be around or with their own people. Soulful sharing with food.</li> <li>• L - This person fears getting trapped in or having to live up to the traditional tribal/family roles and expectations.</li> </ul>
<p><b><u>Gate 38</u></b></p>	<p style="text-align: center;"><b>Gate of the Fighter</b></p> <ul style="list-style-type: none"> <li>• They have a drive to find the reason for existing that elevates the struggle beyond simply surviving.</li> <li>• H - They are designed to have the energy to confront adversity and this ability is enhanced when they are standing up for others who can't stand up for themselves.</li> <li>• L - They may get into arguments just for the sake of it.</li> </ul>
<p><b><u>Gate 39</u></b></p>	<p style="text-align: center;"><b>Gate of Provocation</b></p> <ul style="list-style-type: none"> <li>• Provoking others from a place of consciousness.</li> <li>• H - This individual has the energy and ability to provoke action and create change.</li> <li>• L - Provoking others for no reason.</li> </ul>
<p><b><u>Gate 40</u></b></p>	<p style="text-align: center;"><b>Gate of Aloneness</b></p> <ul style="list-style-type: none"> <li>• Giving to others and contributing to the tribe/family.</li> <li>• H - This individual is here to be a hard worker who derives satisfaction from delivering what they promised and from contributing through their efforts.</li> <li>• L - They may experience burnout and giving can be codependent - "if I give people will like me".</li> </ul>

H - High Expression

L - Low Expression

# GATES CHEAT SHEET

<p><b><u>Gate 41</u></b></p>	<p><b>Gate of Contraction</b></p> <ul style="list-style-type: none"><li>• Attune to fantasy, possibilities, and creativity.</li><li>• H - They have a need for and must engage in creation in their daily life. This creativity can take many forms.</li><li>• L - There may be a feeling of wanting something, but not knowing what it is that they want.</li></ul>
<p><b><u>Gate 42</u></b></p>	<p><b>Gate of Growth</b></p> <ul style="list-style-type: none"><li>• A need to analyze before moving on.</li><li>• H - The person in the room who can bring understanding, structure, or order to a concept or idea.</li><li>• L - This person must commit to what is correct for them as it may be difficult for them to extract themselves from something that they have committed to.</li></ul>
<p><b><u>Gate 43</u></b></p>	<p><b>Gate of Insight</b></p> <ul style="list-style-type: none"><li>• Revolutionary and unique opinions and insights.</li><li>• H - This individual has unique insights and the ability to communicate the observed insights successfully, however, they need to wait to be recognized before speaking.</li><li>• L - It may be difficult for them to listen to and really hear what others have to say.</li></ul>
<p><b><u>Gate 44</u></b></p>	<p><b>Gate of Alertness</b></p> <ul style="list-style-type: none"><li>• An instinctive ability to spot trends, patterns, and the potential and possibilities in things.</li><li>• H - An ability to use their gift to predict the near future for whatever job they're in.</li><li>• L - Allowing themselves to be stuck in the past and allowing past experiences to limit future possibilities</li></ul>
<p><b><u>Gate 45</u></b></p>	<p><b>Gate of the Gatherer</b></p> <ul style="list-style-type: none"><li>• An ability to direct people and resources</li><li>• H - This person is a natural leader and teacher who likes to be in control and "make stuff happen!"</li><li>• L - Their need for control may give them a tendency for an autocratic leadership style.</li></ul>

H - High Expression

L - Low Expression

# GATES CHEAT SHEET

<p><b><u>Gate 46</u></b></p>	<p style="text-align: center;"><b>Gate of the Determination of the Self</b></p> <ul style="list-style-type: none"> <li>• Having a love of the physical body and its power</li> <li>• H - This person can be in the present and honor their physical body and the power of what it can do.</li> <li>• L - Not taking care of themselves physically or obsessing over body issues.</li> </ul>
<p><b><u>Gate 47</u></b></p>	<p style="text-align: center;"><b>Gate of Realization</b></p> <ul style="list-style-type: none"> <li>• This person has a deep need to have revelations and the love receiving “aha” moments</li> <li>• H -They are solution-oriented, open to possibilities, and embrace a positive mindset.</li> <li>• L - They are in a negative mindset and see the glass as “half empty”. They feel anxious, pressured, or oppressed.</li> </ul>
<p><b><u>Gate 48</u></b></p>	<p style="text-align: center;"><b>Gate of Depth</b></p> <ul style="list-style-type: none"> <li>• There is an instinct for mastery.</li> <li>• H - This individual will have a nose for inadequacy and can tell when all of the necessary ingredients are present or missing.</li> <li>• L - Fear of inadequacy and looking for reasons not to start something.</li> </ul>
<p><b><u>Gate 49</u></b></p>	<p style="text-align: center;"><b>Gate of Principles</b></p> <ul style="list-style-type: none"> <li>• Someone who is principled and altruistic.</li> <li>• H - This individual has a set of values they really believe in and may have altruistic desires to improve the social and spiritual health of the planet.</li> <li>• L - Co-dependency that is fueled by sacrificing for others.</li> </ul>
<p><b><u>Gate 50</u></b></p>	<p style="text-align: center;"><b>Gate of Values</b></p> <ul style="list-style-type: none"> <li>• A survival mentality and having an instinct for knowing about correct values, rules, and laws.</li> <li>• H - They are here to see the potential in things and can use their intuition to identify those laws and rules that do not serve the community and to challenge or change them.</li> <li>• L - This individual may fear being their highest most powerful self or fear of not measuring up and letting other people down.</li> </ul>

H - High Expression

L - Low Expression

# GATES CHEAT SHEET

<p><b><u>Gate 51</u></b></p>	<p><b>Gate of Shock</b></p> <ul style="list-style-type: none"><li>• A need to make an impact</li><li>• H - This individual is here to help others transform their perspective by initiating (or shocking) them out of their normal point of view into seeing a bigger picture.</li><li>• L - They may be overly competitive and measure self-worth by comparing themselves to others.</li></ul>
<p><b><u>Gate 52</u></b></p>	<p><b>Gate of Stillness</b></p> <ul style="list-style-type: none"><li>• A pressure to get things right before they start.</li><li>• H - They can leverage stillness to take the right action in a specific direction.</li><li>• L - They don't know how to be still or they may not know what to concentrate on.</li></ul>
<p><b><u>Gate 53</u></b></p>	<p><b>Gate of Beginnings</b></p> <ul style="list-style-type: none"><li>• The drive to start new things.</li><li>• H - They have the ability to kick start new things, new projects, and new beginnings.</li><li>• L - They feel like they are not good enough to start something new or that they are not good enough in general.</li></ul>
<p><b><u>Gate 54</u></b></p>	<p><b>Gate of Drive</b></p> <ul style="list-style-type: none"><li>• The drive to provide for one's self.</li><li>• H - When they have mastered their instinct to thrive on the material plane, transformation on the spiritual plane is possible.</li><li>• L - This individual may feel that if they are not providing everything for themselves then they are not good enough or not successful.</li></ul>
<p><b><u>Gate 55</u></b></p>	<p><b>Gate of Spirit</b></p> <ul style="list-style-type: none"><li>• An awareness of spirit and abundance through emotion. This energy is about spirit, abundance, faith, trust, and surrender.</li><li>• H - They will see the good in life even during the struggles and hard times.</li><li>• L - They may fear emotional emptiness or a lack of passion in life.</li></ul>

H - High Expression

L - Low Expression

# GATES CHEAT SHEET

<p><b><u>Gate 56</u></b></p>	<p style="text-align: center;"><b>Gate of Stimulation</b></p> <ul style="list-style-type: none"> <li>• They are here to share their take on the facts of life.</li> <li>• H - Their gift for translating ideas into stories that inspire, entertain, and stimulate an emotional reaction from their listener.</li> <li>• L - Treating the stories they share as facts, solutions, or calls to action, which they are not.</li> </ul>
<p><b><u>Gate 57</u></b></p>	<p style="text-align: center;"><b>Gate of Intuitive Insight</b></p> <ul style="list-style-type: none"> <li>• Gift of intuitive clarity and survival awareness moment to moment</li> <li>• H - They have a nose for the future – will have a sense for what is next, and will know when something is emerging that no one else sees.</li> <li>• L - Uncertainty and fear of the unknown can keep them stuck, and possibly terrified of taking action.</li> </ul>
<p><b><u>Gate 58</u></b></p>	<p style="text-align: center;"><b>Gate of Vitality</b></p> <ul style="list-style-type: none"> <li>• The pressure to be perfect.</li> <li>• H - They have the drive to see how things can improve and to contribute something of value by focusing their energy on correcting anything that keeps society from achieving and maintaining its vitality.</li> <li>• L - This person may always think that something is wrong especially if things aren't improving.</li> </ul>
<p><b><u>Gate 59</u></b></p>	<p style="text-align: center;"><b>Gate of Sexuality</b></p> <ul style="list-style-type: none"> <li>• Connecting and creating bonds..</li> <li>• H - They know how to break through and make bonds with other people or facilitate bonds between other people as well.</li> <li>• L - They have the ability and intelligence to recognize barriers to intimacy but may have a deep indecisiveness about how and when to act.</li> </ul>

H - High Expression

L - Low Expression

# GATES CHEAT SHEET

<p><b><u>Gate 60</u></b></p>	<p style="text-align: center;"><b>Gate of Acceptance</b></p> <ul style="list-style-type: none"> <li>• They have an intolerance for roadblocks.</li> <li>• H - They know that there may be things standing in the way of their goals but because they don't tolerate roadblocks they will bulldoze right through it.</li> <li>• L - When things are not moving forward as they expect, they can feel like, "What is wrong with my life?"; "What is my purpose?" and feel depressed or anxious.</li> </ul>
<p><b><u>Gate 61</u></b></p>	<p style="text-align: center;"><b>Gate of Mystery</b></p> <ul style="list-style-type: none"> <li>• They have an inner knowing about the mysteries in life.</li> <li>• H - They have an inner knowing that moves them toward deeper levels of self-acceptance where they can embrace what makes them different from others.</li> <li>• L - When they give in to the pressure and let the unknown haunt them, their inspiration can become confusing and lead to uncertainty and anxiety.</li> </ul>
<p><b><u>Gate 62</u></b></p>	<p style="text-align: center;"><b>Gate of Details</b></p> <ul style="list-style-type: none"> <li>• An ability to spot and explain the facts</li> <li>• H - They can communicate complicated information with logic and clarity, and fascinate others with their knowledge.</li> <li>• L - They may get mired in the "weeds" and may "fail to see the forest for the trees."</li> </ul>
<p><b><u>Gate 63</u></b></p>	<p style="text-align: center;"><b>Gate of Doubt</b></p> <ul style="list-style-type: none"> <li>• Having doubts and needing an answer.</li> <li>• H - They are a good questioner and will push to get an answer.</li> <li>• L - Doubting everything including themselves.</li> </ul>
<p><b><u>Gate 64</u></b></p>	<p style="text-align: center;"><b>Gate of Confusion</b></p> <ul style="list-style-type: none"> <li>• Ability to break through confusion to achieve clarity</li> <li>• H - This person can dance with confusion and not knowing things. They understand the importance of closure but also understand that not all situations have closure.</li> <li>• L - They may get stuck trying to analyze things for closure instead of accepting that not all situations will have closure.</li> </ul>

H - High Expression

L - Low Expression