



# NUMEROLOGY

## Personal Year

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HI, I AM

TIFFANY

**Hello, fellow Mystic!**

I hope you enjoy this Numerology Personal Year resource!

If you found this resource helpful, consider joining my newsletter for access to my **subscriber-only library** where I offer a more in-depth version of this resource including additional mystical resources not found in the free library.

I also offer **Birthday (Solar Return) Readings** where you will discover the themes, opportunities, and challenges for the year ahead. This session can be booked anytime during the year as it offers valuable information on current themes you are navigating and prepares you for the shift into the next cycle.

**SUPER SECRET LIBRARY**

**I WANT A BIRTHDAY READING**

## WHAT IS NUMEROLOGY?

Numerology is an ancient metaphysical science similar to astrology, but it deals with numbers instead of celestial bodies.

It is based on the idea that the universe is a system that can be broken down into basic elements—numbers—and that these numbers have specific energies, attributes, and influences that affect our lives and personalities.

Practitioners of numerology use numbers to decode the inherent vibrational patterns within an individual, place, or event, offering insights into personality traits, life challenges, and opportunities.

Common applications include analyzing birth dates and names to reveal life paths and destiny, and even forecast future trends.

In this resource, we are exploring the concept of the Numerology Personal Year which will provide insight into the energy of your year ahead.

## WHAT IS THE NUMEROLOGY PERSONAL YEAR?

The Numerology Personal Year is a concept in numerology that describes the theme and the energetic tone of one's life from one birthday to the next. This cycle provides insight into the types of experiences you might expect in the coming year and suggests how you can align your actions with the energy of that year for better outcomes.

Each year in the cycle has a number from 1 to 9, with each number holding different implications for growth, challenges, and opportunities.

***NOTE:*** *Some practitioners will include Master Numbers in their reports. I will not be covering Master Numbers in this resource.*

### **Importance of Knowing Your Personal Year Number:**

Knowing your Numerology Personal Year number can be extremely helpful as you plan for the future. It allows you to anticipate possible challenges and opportunities, enabling you to strategically prepare and make the most of the year. For instance, a year represented by the number 1 might be ideal for starting new projects, while a year represented by the number 9 would be more about completion and reflection.

Understanding the characteristics of the upcoming year can help you make decisions that are in harmony with the natural progression of your life's cycle, thus potentially reducing stress and increasing your chances for success. This knowledge is particularly useful as you approach a new year, providing a tailored strategy that aligns with the energetic forecast of your personal numerological cycle.

## CALCULATING YOUR NUMEROLOGY PERSONAL YEAR

1 - Write down your birth month and day. Do not include the year. (You may use the worksheet on the next page)

2 - Reduce the numbers to a single digit. Add each number (month, day) separately and reduce until you get a single digit. For any number above 9, add the individual digits together. For example, November (11th month) becomes  $1+1 = 2$ .

3 - Add the digits of the current year. For example, if the year is 2024, you would add  $2 + 0 + 2 + 4 = 8$ .

4 - Add the reduced digits of your birth month, birth day, and the current year together. Again, reduce the result to a single digit if necessary.

*See the worksheet on the next page for an example.*

# CALCULATION WORKSHEET

Write your Birth Month & Birth Day \_\_\_\_\_

Reduce birth month to single digit \_\_\_\_\_

Reduce birth date to single digit \_\_\_\_\_

Add digits for the current year \_\_\_\_\_

Add all three numbers and reduce to 1 digit (if necessary)

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My personal year number for \_\_\_\_\_ is \_\_\_\_\_  
(year)

## Example

Let's calculate the Personal Year number for someone born on May 16th who wants to know their number for the year 2024.

**Birth month:** May = 5

**Birth date:** 16 = 1 + 6 = 7

**Current year:** 2024 = 2 + 0 + 2 + 4 = 8

Now, add these numbers together: 5 (May) + 7 (16th) + 8 (2024) = 20.

Since 20 is a two-digit number, reduce it further by adding 2 + 0 = 2.

**Result:** The Numerology Personal Year number for someone born on May 16th in the year 2024 is 2.

# NUMBER MEANINGS SUMMARY

## **Personal Year 1: New Beginnings**

- This year is all about new starts and initiating projects. It's a time to be independent and decisive. The energy of this year supports self-development, ambition, and taking on leadership roles.

## **Personal Year 2: Partnership and Cooperation**

- A year focused on relationships of all kinds. It's a time for diplomacy, patience, and working closely with others. This energy is more about harmony, collaboration, and partnership rather than forcing things to move forward.

## **Personal Year 3: Creativity and Communication**

- This year encourages expression, sociability, and creativity. It's a good time for enjoying life, engaging in creative pursuits, and expanding social circles. Emotions may be heightened during this period. This can be used as wisdom or present challenges.

## **Personal Year 4: Building and Stability**

- A year of hard work, discipline, and opportunities to lay solid foundations. It's a time to focus on building stability in your life, through finances, relationships, or career.

## **Personal Year 5: Change and Freedom**

- Marked by dynamic change and new experiences, this year encourages adventure and freedom. It's a time to be flexible and adaptable, as unexpected opportunities may arise.

## **Personal Year 6: Responsibility and Family**

- This year focuses on matters of the home and family. Responsibilities related to family, loved ones, and close friends may become a priority along with community involvement.

# NUMBER MEANINGS SUMMARY

## **Personal Year 7: Reflection and Spiritual Growth**

- A year of introspection and personal and spiritual growth. It's a good time for self-reflection, studying, and gaining a deeper understanding of yourself and the world around you.

## **Personal Year 8: Achievement and Recognition**

- This year is about reaping what you have sown. It's a powerful year for achieving goals, gaining recognition, and making significant advancements in business or career.

## **Personal Year 9: Completion and Release**

- A year of completion, letting go, and transformation. It's time to wrap up unfinished business, release what no longer serves you, and make room for new beginnings in the next cycle.

