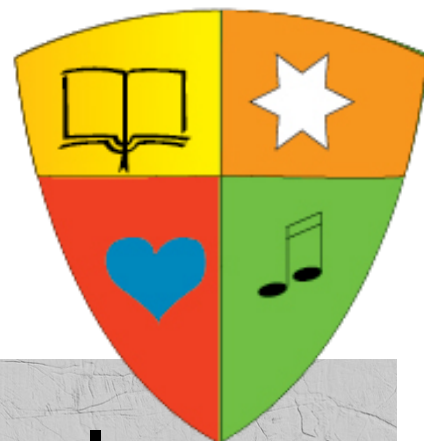




I HAVE A FAMILY CREST

Family is a representation of all the contributions that have been made into you



Goals

1. To make a stencil and symbols that represent the people in your life. This is your support group, the people that surround you like parents, grandparents, cousins, aunts and uncles, friends, mentors and teachers, coaches etc.
2. Create our own unique family crest that is a combination of the things that make up what is most special about you.

Tools

- *Check-In Spinners
- *Manila folders cut in half, masking tape, paper, markers, ball point pens, scissors, your ideas!

family



Chalkboard

Check-in – How are you feeling? (5-10-minute exercise)

Back in history, families used to create a family crest that described their family. This was important because it was a display of honor for everyone to see the most important qualities of this family.

**MISSION:
POSSIBLE!**

Guided Instruction:

Today family has many different and various meanings. Family is not just those people that you share blood relation with.

Family is a representation of all the contributions that have been made into you. Family can be compared to a patchwork quilt. All of these different patterns and colors can represent all of the different experiences and people that have come in and out of your life.

Some people may not be there anymore but the seeds they planted in your life may still be growing!

What exactly is a family crest?

Family crests became established when a knight or person of nobility used the same design over time. Not long later, coats of arms became something that were granted to a family member and registered in order to keep track of who 'owned' and used each specific design.

Think about your history, your profession, your hobbies, and your interests. Any of those can be used as a symbol for your crest. Narrow it down to a few specifics. Choose symbols to represent your ideas.

Activity One: Watch this video to create your own special stencil for each student's Family Crest:

<https://youtu.be/Llz1xMhDwqk>

Activity Two: This can be a group or individual activity

Complete personal questions to create their theme:

1.What represents life in your family?

2.What represents Laughter and joy in your family?

3.What represents strength?

4.Do you have any pets?

5.What is your favorite food?

6.What is a symbol of your culture?

7.What are some things in your family that you all are working on?

8.Do you have a family plan or goals for your family?

Activity Three:

Create a crest using the symbols that represent your family.

Follow the video!!