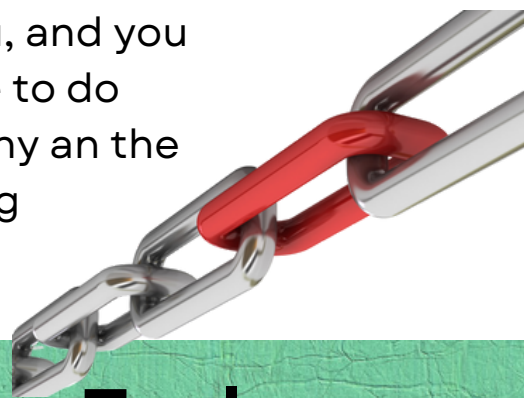




I AM A LINK

Because I am connected to you, and you are connected to me, I promise to do my part to make sure healthy and the connection is strong



Goals

To talk about things that fight against our purpose and goals.
To read and understand the Promise.

Tools

*"I am connected to you"
Promise
*"Someone to talk to"
Handout



Chalkboard

CHECK IN WHEEL

In this unit, we have focused on looking outside ourselves and into our community and how we can help by planting good seeds – making good choices! Now let's look at things that make it hard!

Guided Instruction:

No matter how old we are or what grade we are in, some things can make it hard for us to feel happy and at peace. Sometimes it is a friend; sometimes, it may be a bully. Sometimes it is something that may be happening at home, and sometimes, it is something that is happening inside of us.

We are all connected, and when things hurt us, we must make sure that we go to someone in our identity or culture tree, someone we can trust to help us.

Who is someone you can talk to? Using the handout, draw or write about the person in your life to whom you can talk to.

Break into small partner groups of 2-4 students and read the “I am connected to you” promise.

Because I am connected to you, and you are connected to me, I promise to do my part to make sure the connection is healthy and strong. I will do this by telling the truth, being a helper, and telling someone I trust if I am hurt or upset. I will not hurt you because we are connected, and if I hurt you, I am hurting myself and my community.





Overcomer's Kids

Have you ever been bullied? If so, how did they bully you?

Have you ever been a bully? If so, why?

Are you being bullied now? If so, how and have you told it to that person you trust?



Because I am connected to you, and you are connected to me, I promise to do my part to make sure the connection is healthy and strong