



I CAN CONTRIBUTE

Make sure you plant good seeds at every stop of your life.

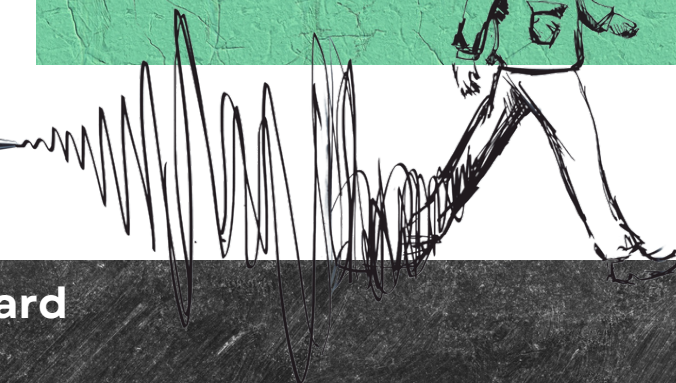


Goals

Teach Bridgepoint:
Whenever you share an idea, help someone, raise your hand in class, or help at home, you are planting seeds that will grow!! .

Tools

- *3 Stop Roadmap Handout
- *Kindness is My Superpower Video



Chalkboard

Check-in: before and after each discussion, do a temperature check to gauge the student's emotional quotient. Some of this material may trigger kids, so remember that this program presumes a trauma-informed care environment.

Guided Instruction:

Watch Video: Kindness is My Superpower

Guided Instruction: Here is your Bridgepoint! You are on your roadmap traveling to your destination, becoming all you were created to be!! However, along the way to your goal, you will make some pit stops and want to make sure you plant good seeds at every stop of your life. You are on your way so here is your roadmap

Activity Two: Group Breakouts

These discussion groups are healthy for students who are age appropriate. It teaches communication and socialization skills!

Break into small groups and discuss all three themes and the questions below. Draw pictures or write about these three themes. Pick one student to report back to the class.

Stop One: Your family: What seed will you plant today? Explain how you planted it and how you will water it so that it will grow tall and strong to influence others.

Stop Two: Your School: What seed did you plant today? Explain how you planted it and how you will water it so that it will grow tall and strong to influence others.

Stop Three: Your Community: What seed will you plant today? Explain how you planted it and how you will water it so that it will grow tall and strong to influence others.