



I AM CREATIVE

In a world where you can be anything...
Be Yourself.



Goals

Identity starts with understanding that we all can create. We will use all of the affirmations learned in this unit to create a poem.

Tools

."I Am" worksheet.



Chalkboard

What is poetry?
Poetry is a collection of words that express an emotion or idea, sometimes with a specific meaning, sound or rhythm.

Guided Instruction:

What is poetry?

Poetry is a collection of words that express an emotion or idea, sometimes with a specific meaning, sound or rhythm.

Did you know that RAP music is a form of poetry?

Did you know that the book the cat in the hat is a form of poetry?

I'm going to read you a couple of poems so you can see how fun they can be.

I tried to play soccer.
The ball hit my face.
My nose started bleeding
all over the place.
I tried to play rugby.
I slipped on the field.
I scraped up my elbows.
They still haven't healed.

I tried to play tennis.
I tripped on the net.
The bump on my head
is the biggest one yet.
I tried to play baseball.
I got a black eye.
I wasn't quite able
to catch that pop fly.
Our team always loses.
It's me the coach blames.
So now I stay home and
play video games.
– Kenn Nesbitt



My dog has got no manners.
I think he's very rude.
He always whines at dinnertime
while we are eating food.
And when he's feeling thirsty
and wants to take a drink,
he takes it from the toilet
instead of from the sink.
He never wears a pair of pants.
He doesn't wear a shirt.
But worse, he will not shower
to wash away the dirt.
He's not polite to strangers.
He bites them on the rear.
And when I'm on the telephone,
he barks so I can't hear.
When I complained to Mommy,
she said, "I thought you knew:
the reason that his manners stink-
he learns by watching you."

– Bruce Lansky



How do these poems make you feel?





Activity One:

Do you want to try and be a Poet?

Let's play a quick game of rhyming. I will say something and we will see how many words we can make to rhyme with it.
(see what kids come up with)

I Feel Sad

Bad, glad, mad, add

I am bold

Cold, old, gold, fold

I am a cat

Bat, mat, rat, splat, hat

See if kids can start a few



Activity Two: Use the I AM Poem worksheet

Today we are going to create an “I AM” poem that will express what we have learned over our past lessons.

This project will be something you will look back on and be proud of the work you did.

Let’s start by reviewing our I AM statements –

I am Amazing - I am a tree! Planted by the river and my leaves and branches are strong and I am a shelter for everyone who comes around me!

I am In Control - I have control over what I say, think, and do!

I am Unique - I am unique and there is nobody else like me

I am Helpful - I have the ability to help others!

I am Complete - You have all the ingredients in life to bake your cake. So bake your cake!

I am What I Think - “Your brain is a muscle! It gets stronger every time you use it, so use it!”

I am Made for a Purpose - Being a good example teaches others to be good

Now lets do our poem together. I’ll read the first two words and you fill in what comes to your mind. Don’t think too much. Just put down what comes to your mind first!