



PLANT A SEED
Children's Partnership

I AM HELPFUL

I have the ability to help others

Goals

- Identity starts with understanding that I can help others.
- Help kids to understand how they can use their unique gifts to help others.

Tools

- White paper roll
- Draw a Tree (large trunk and branches)
- Tape

Chalkboard:

Last week we talked about what it means to be unique. We are unique because no one else is like me. Today we are going to talk about how we can use that to help other people.



Guided Instruction:

Right now, you may not be able to see it, so today, I am going to help you to see yourself as an adult.

Think of a really fun birthday or holiday you have had. When you can picture that time in your mind, I want you to look around and see yourself as a grown-up dressed well, having a nice car, great friends, and two people you have helped.

One person was an older lady who needed someone to help her at the grocery store. You paid for her groceries and helped carry her bags to her car or the bus stop.

Another person you helped is a small child who fell and hurt his knee. You helped him up and went to get the teacher so he could get a band-aid for his scraped-up knee.

See yourself with the old lady and the small kid beside you at this great time. They are telling your friends how much help you were to them. Now I am going to ask you to complete this next assignment while you have that picture in your mind:

You have been a contributor to your community by helping out others. You took time to focus not on something you needed, but you helped that older lady, and you helped that little child!!

Activity One:

Tape a white roll of paper on the wall. Draw a LARGE tree trunk with branches. Have student help determine how big to make it.

Activity Two:

Start to hang the leaves from past lessons on the branches.

Gather the “I am unique” activity apples. Pull one out at a time and read to the class. Have them help determine where their uniqueness can be used to help somebody. After each is read, the student who wrote it hang it on the tree. (If student is shy about going up, choose an “A” student).



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