



UNIT ONE: IDENTITY: Who Am I?

(1st nine weeks)

The foundation of identity is built using history, culture, family, and perceived strengths and weaknesses.

This unit focuses on how student's form their identity. During this time together they will learn how to recognize positive and negative factors that add to their perceived identity and self confidence.

THIS UNIT FOCUSES ON THE IMAGE OF A KID THAT THE STUDENTS WILL FILL IN THROUGHOUT THE NINE CLASSES STARTING AT THE TOP – THE BRAIN - AND GOING THROUGH TO USING OUR HANDS AND FEET TO CARRY OUT OUR PURPOSE.

Each lesson will have a short video on our topic to get the juices flowing

Each part of this frame represents a phase that creates the purpose of PAS Leadership Classes.

Each student has a PAS folder that will hold all art and worksheets so that will build upon each theme by review and repetition. All class projects are collected in the student's folder for the end-of-class showcase.

Before each class starts, we will do an “Out the Gate” check-in, and this exercise aims to allow everyone to get on the same page – to get stuff off their chest and report anything new and good in their life. If the class is too large for every student to do a check-in report, the teacher can pick two or three kids to do a check-in or ask anyone who wants to do it.

****All PAS work must be completed using complete sentences!!
No one-word answers are allowed!!**

For the most part, the goals and tools are the same for all nine lessons.

Always review the PAS HOUSE RULES

1. Be kind (no teasing or mean attitudes are allowed).
2. Be respectful (listen to the teacher).
3. Mind your own business!
4. Treat others how you want to be treated.
5. Use the 10-second rule (Don't respond until you have counted to 10; while counting, think of the right way to respond!!)

At the end of every class, every student gets a tally sheet to go over, and for each rule they adhered to, they get to put a tally mark beside it; for each rule followed, they can collect PAS money (looks like real money but has PAS on the front}. Kids can use the money to buy stuff at the PAS store, which is a tub full of fun kid stuff and school supplies.