

# HONESTY AND INTEGRITY

**Success is my future so I gotta do the right thing!**

**How do you know if something is the right thing to do?**

## Lesson Summary

Teacher: 30 Minutes

This lesson addresses honesty and integrity.

## Define it:

What does doing the right thing look like? It looks like standing up for what you know is right even when there is no one to support you. Integrity is a condition of our heart that comes from living like your life is on display every second!

## Let's Look At An Example.

Let's say you are in a class that you hate. At times, you and your friends have skipped it, and you have gone along because you just wanted to feel like you are a part of the group. One of the people in your friend group found a way to get the answer key to the mid-term exam. Everyone is taking pictures of it on their phones or just copying the answers for the test next week. A few weeks later, the teacher of that class pulls you aside and tells you that you and the entire group of kids were flagged because you all had the same answers.

How do you respond to this situation?

## Let's Talk About It.

Here are some possible responses:

- You could play dumb entirely.
- You could deny any involvement and throw your "so-called" friends under the bus.
- You could treat this situation with the seriousness that it deserves; your school reputation is on the line; your reputation with your friends is on the line; you don't want to be a "snitch;" your behind is on the line; you could get into big trouble at home.
- What are some other responses? Talk about them!!

## Let's look and discuss:

You are the only person who can make your decision, but the consequences of our decisions will always cause a RIPPLE EFFECT. Try throwing a stone in the water. It causes little mini waves or ripples. The same thing happens when we make choices. Even though the choice is yours to make, the RIPPLE EFFECT will not just be yours. Someone is always watching and there is always an opportunity to lead others. Leading others by a good example doesn't just help them, it helps you too. There is always an opportunity to exercise discipline and self-control. The choices that you make will make or break you, so you have to stop and think before you act.

## Let's take a few moments to reflect:

When you tell the truth, you are setting a standard of leadership that is shown through your example. If you take responsibility for a wrong you have committed, no matter how small or big, you are preparing yourself for a life of leadership, and you are showing the other people around you that you can be trusted and relied upon, which is the development of your character.



**Leaders set the standard  
by being either a good or bad example.  
Which one are you?**



**Video and Discussion: Do the Right Thing – 10-15 Minutes**



## Student Thoughts on Honesty and Integrity

# I will choose to fly like an eagle!

**Leaders set the standard by being an example.**

**\*Many team captains are not necessarily the best at the sport, they are willing to take responsibility and ownership and that is a large part of developing your character.**

**Someone is always watching what you are doing? Who in your life is watching you?**

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**Are you a good or a bad leader? Do you lead others to do good things or bad things?**

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**What does the above quote mean to you?**

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**What are things that are in your life that challenge you to do the right thing?**

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**In what ways can you change direction?**

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**After you complete this assignment, take it home to remind yourself.**