

DOUBLE MINDED

If I don't take a stand for something,
I'll fall for **ANYTHING!!**

Double Minded: The Yo-Yo

Lesson Summary

Teacher: 30 Minutes

This lesson addresses the double-minded kid. Someone who goes back and forth on decisions and choices. Make up your mind and stick to it!

Define it:

A double-minded person drives people crazy because they can never seem to make a decision and stick to it.

Let's Talk About It.

Even when we don't decide, we are, in reality, deciding NOT to decide...in other words, we are choosing to AVOID the decision which causes the nasty habit of procrastination (see the lesson on this topic)!

It stinks because when we don't make a choice, someone else is left to make it for us, and they may make a bad one!!

Let's Look At An Example.

You decided to go on a school field trip, and your teacher gave you a permission slip to give to your parent (guardian). You are all signed up and ready to go, and your best friend decides they aren't going. You later find out that it is because they had a nasty breakup, but instead of telling you, they just walk away from the trip. You have already told your teacher that you would be a youth guide for a younger class, and your parent has also taken off work to attend. You call your teacher and your guardian and tell them that you are sick and can no longer attend. Your teacher, parent, and class are all disappointed. What are you going to do?

Let's look and discuss:

Being double-minded causes confusion. Confusion can take us down the wrong path towards other negative behaviors and make us passive, doing nothing, having no stance, no convictions (A conviction is something we feel strongly about). A person with no convictions can become a person who is lazy and complacent. Are leaders lazy? NO! Are leaders complacent? NO! (A complacent person feels that they do not need to do anything about a situation, even though the situation may be uncertain or dangerous - www.dictionary.com) NO! Do they just let whatever be whatever? NO!! Does it matter how old you are? NO!! Can a kid feel strongly about something? YES!

Let's Talk About Ways to Stand Up.

Let's talk about ways we can stand up for our convictions and not waver.

1. We can take the time to think before we act and before we speak. Taking this time will allow us to make sure we agree, and we aren't just being people pleasers (see the lesson on this topic)!!
2. We can make sure that we are listening to understand (see the lesson on this topic)!!
3. We can ensure that we have people around us whom we trust and who care about us and our success. These people will help us to understand and process the challenges we face.



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Video and Discussion: Discipline – 10-15 Minutes



I'm learning to take time to think about what I do and say before I act.

Questions/Activities

Are there times in your life when you waver or go back and forth on your decisions? Write about it.

Have you been in a situation when you had a decision to make, and you were complacent? Please describe it.

What is a conviction you have? Why?

Here is a clue

After you complete this assignment, take it home to remind yourself.