

CRITICAL THINKING

I'm learning to take time to think about what I do and say before I act.

Critical Thinking: Critical Thinker...Thoughtful Thinker!

Lesson Summary

Teacher: 30 Minutes

This lesson addresses the importance of developing the ability to look at every situation completely and weighing the pros, cons, and consequences of every decision!

Define it:

Being a person who can look at facts over feelings is a strong individual! Many times situations appear worse than they are because we tend to look at them from the wrong vantage point. When we stop looking at situations based on our feelings and begin to focus on the facts, we are in a better position to make the right decision.

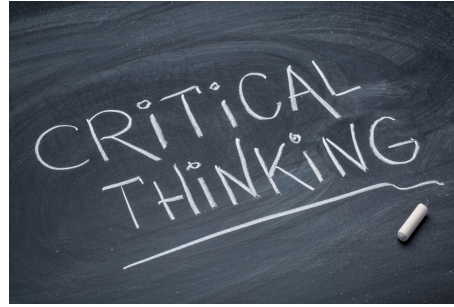
Example.

If you have someone in your class who says they are your friend, but they get angry or upset with you if you don't do what they want you to do. If you look at the fact that they are trying to control you and stop looking at it from how you will feel hurt if they aren't your friend anymore, you will see that they were never your friend because friends accept you for who you are and don't try to change you!!

Let's Talk About It.

It is important to be able to think for yourself just like it's important to know that a red light means to stop. If someone is driving a car and doesn't know this critical fact, the consequences could be deadly!!

In what ways do you think it is important to be able to think for yourself?



Let's look and discuss.

If someone offers you something to drink at a party and you don't know this person, will you accept it? Are you thinking for yourself, or are you a people pleaser?

- If a friend of yours gives you a package and tells you to deliver it to some random stranger and when you ask what it is, they get angry and tell you it's none of your business, just do it...what are you going to do?
- These are real-life situations that can change your life if you don't develop the habit of thinking before you act!!



**Video and Discussion – The Power of Imagination – Steve Harvey –
10-15 Minutes**



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Write down a time in your life when you followed someone and ended up getting into trouble. What happened?

Give one example where you can see the difference between something that is Fact, and something based on Feelings

How can you change your direction?

Can you commit that you will strengthen the muscle by taking time to think before you act? How?

After you complete this assignment, take it home to remind yourself.